



Republic of the Philippines
Department of Education
REGION X
SCHOOLS DIVISION OF LANA O DEL NORTE

DEPED LANA O DEL NORTE		
RECORDS SECTION	DATE	25887
08 SEP 2026		
DATE	TIME	BY
	4:10	

DIVISIONAL ADVISORY NO. 008, s. 2026

September 8, 2026

Complying with DepEd Order No. 8, s.2013,
this Office issues this Advisory, not for endorsement per DO 28, s. 2001,
But for the information of DepEd officials,
Personnel/staff, and the concerned public.
(Visit deped10.com)

DISSEMINATION OF REGIONAL ADVISORY NO. 064, s. 2026
re: WORLD SUICIDE PREVENTION DAY 2026

This is to disseminate Regional Advisory No. 064, s. 2026 entitled
World Suicide Prevention Day 2026 on September 10, 2026.

All teachers who are willing to participate are hereby enjoined to read
carefully the instructions and other information contained therein.

Attached is a copy of Regional Advisory No. 064, s. 2026 for reference.

Widest dissemination of this Advisory is highly desired.

EDWIN R. MARIBOJOC, CESO V
Schools Division Superintendent

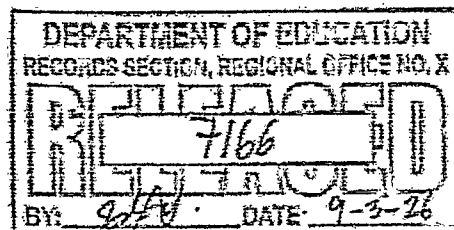


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Effectivity	3.2.26	Page	1 of 1



Republic of the Philippines
Department of Education
 REGION X - NORTHERN MINDANAO



Regional Advisory No. 024, s. 2026
 September 2, 2026

Complying with DepEd Order No. 8, s. 2013,
 this Office issues this Advisory, not for endorsement per DO 28, s. 2001,
 but for the information of DepEd officials,
 personnel/staff, and the concerned public.
 (Visit r10.deped.gov.ph)

WORLD SUICIDE PREVENTION DAY 2026

This issuance refers to the communication from the Natasha Goulbourn Foundation (NGF) inviting teachers throughout the Region to participate in the upcoming **World Suicide Prevention Day 2026**, which will be conducted online on September 10, 2026.

Participation in this activity shall be **voluntary and undertaken in an individual capacity**. Interested teachers who wish to participate are encouraged to coordinate with their respective school heads and Schools Division Offices. Where applicable, participants shall secure the necessary leave of absence and shall personally shoulder the registration fees, travel and incidental expenses, and other related costs that may be incurred in connection with their participation.

Participation shall likewise be subject to the **no-disruption-of-classes policy** stipulated in DepEd Order No. 9, s. 2005, entitled "*Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith*"; Section 3 of Republic Act No. 5546, otherwise known as the *Policy on Contributions*; DepEd Order No. 66, s. 2017, entitled "*Policy on Off-Campus Activities*"; applicable health and safety standards prescribed by the Department of Health (DOH) and the Inter-Agency Task Force (IATF); and the prior approval of the Schools Division Superintendent (SDS).

The foregoing provisions are intended to ensure that participation in the activity is properly coordinated and does not compromise the delivery of teaching and learning or the regular operations of schools.

Attached is a copy of the communication for further details.

This Office directs the immediate and wide dissemination of this Advisory.

ATCH.: As stated
 To be indicated in the Perpetual Index
 under the following subject: 拏


**MIND
STRONG**


August 26, 2026

DR. RUTH L. FUENTES, CESO III
Regional Director – Region X – Northern Mindanao
Department of Education

SUBJECT: Invitation to Teachers – World Suicide Prevention Day 2026

Dear RD Fuentes,

Greetings from the Natasha Goulbourn Foundation (NGF).

Considering the distressing situations affecting some of our schools due to mental health challenges, NGF respectfully seeks the support of your good office in inviting teachers throughout the Region to join us in commemorating World Suicide Prevention Day on September 10, 2026, through a special online reshooting of our webinar on understanding and preventing suicide.

The webinar features six powerful scenes from the 2017 ABS-CBN film *Last Night*, a psychological drama-romance directed by Joyce Bernal and starring Piolo Pascual and Toni Gonzaga. Through these scenes, mental health professionals Dr. Ronald Elepaño, Dr. Angela Cuadro, and Dr. Sheryll Abellanosa guide viewers in understanding the complexities of suicide, the stigma surrounding it, and the importance of compassion, early recognition, and timely intervention.

Teachers can play a vital role in suicide prevention. They are often among the first adults outside the home to notice changes in a learner's behavior, emotional well-being, and ability to cope. Greater awareness can help them recognize distress, respond appropriately, and connect vulnerable learners with the support they need.

In keeping with the World Suicide Prevention Day theme, "Changing the Narrative on Suicide," we hope this presentation will encourage meaningful conversations, reduce stigma, and strengthen the safety net surrounding our learners.

WATCH ONLINE | SEPTEMBER 10–13, 2026

The webinar will be available for a limited four-day viewing on the NGFMindstrong YouTube Channel.

We respectfully request your kind assistance in disseminating the attached poster to schools and teachers throughout the Region and encouraging their participation. Teachers may register through the QR code on the poster to receive the viewing link via email.

Watch. Understand. Reach out. Help change the narrative.

Together, we can help create safer, more compassionate schools and play a part in preventing suicide.

Thank you for your kind support and consideration.

Respectfully yours,


RENE EMMANUEL ARAMBULO
NGF Executive Director

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Join us in commemorating

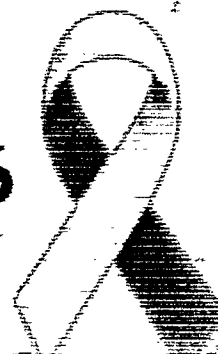
SEPTEMBER 10, 2026



International Association
for Suicide Prevention

WORLD SUICIDE PREVENTION DAY 2026

CHANGING THE NARRATIVE



Last Night
A FILM BY SINIBINING JOYCE BERNAL

*Because every conversation
can be a reason to stay.*

YOU CAN MAKE A DIFFERENCE.

NGF will be reshowing its recorded webinar on suicide featuring powerful snippets from the ABS-CBN film *Last Night*, thoughtfully explored and sensitively guided by mental health professionals Dr. Ronaldo Elepano, Dr. Angela Cuadro, and Dr. Sheryll Abellanos.



SEPTEMBER 10, 2026
WORLD SUICIDE PREVENTION DAY

Changing the Narrative on Suicide
Building hope. Saving lives.



**SPECIAL RESHOW ON
NGF MINDSTRONG
YOUTUBE CHANNEL**

SEPTEMBER 10 – 13, 2026
(THURSDAY – SUNDAY ONLY)



Snippets Courtesy of: ABS-CBN Films, Star Cinema/Springfilms/N2

**HOPE
LINE
PHILIPPINES**



REGISTER NOW!

Register at
www.hopeline.ph
and a link to watch
will be sent to you
via email.



**A LOVE DONATION TO
HOPELINE PHILIPPINES**

will be much appreciated.
Your support helps us continue
being there for those in crisis.



**SCAN TO DONATE
VIA GCASH**