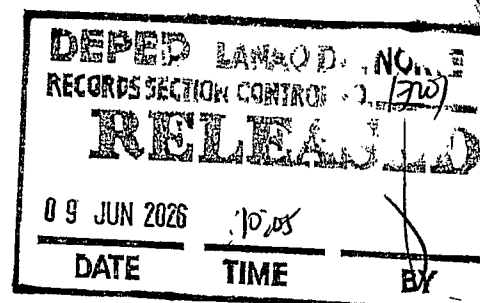




Republic of the Philippines  
**Department of Education**  
REGION X  
**SCHOOLS DIVISION OF LANA O DEL NORTE**



June 8, 2026

DIVISION MEMORANDUM  
No. 285 s. 2026

**TRAINING PROGRAM ON THE IMPLEMENTATION OF THE STRENGTHENED  
GRADE 11 CURRICULUM (CORE SUBJECTS)**

**To:** Assistant Schools Division Superintendent  
Chief-Curriculum Implementation Division  
Chief-Schools Governance and Operations Division  
Public Elementary and Secondary School Heads  
Others Concerned

1. In view of the urgent need to cascade the different topics during the Regional Training on Strengthened Grade 11 Curriculum (Core Subjects), this Office announces the conduct of the Division Training Program for identified teachers on the implementation of the Strengthened Grade 11 Curriculum on June 9-11, 2026.
2. This activity aims to:
  - a. deepen participants' understanding of the revised curriculum standards, competencies, and learning outcomes for Grade 11 Core Subjects;
  - b. equip teachers with appropriate pedagogical approaches, strategies, and assessment methods aligned with the revised curriculum;
  - c. orient participants on curriculum updates, instructional planning, and classroom implementation; and
  - d. ensure readiness of schools for the effective rollout of the strengthened Grade 11 curriculum for School Year 2026-2027.
3. The activity shall be conducted on the following schedules and venues.

| SCHOOL/<br>VENUE                     | DATE                             | LEARNING<br>AREA                                      | NUMBER<br>OF<br>TEACHERS | SPEAKERS                     |
|--------------------------------------|----------------------------------|-------------------------------------------------------|--------------------------|------------------------------|
| ABAGA<br>CENTRAL ES<br>Abaga, Lala   | June 9-<br>11<br>(In-<br>person) | Pag-aaral ng<br>Kasaysayan at<br>Lipunang<br>Pilipino | 72                       | Angelito D. Barazona,<br>EPS |
| <b>TRAINERS</b>                      |                                  |                                                       |                          |                              |
| Randie C. Lucot, Lala NHS            |                                  |                                                       |                          |                              |
| Myra C. Lumapas-Almaden, Taguitic IS |                                  |                                                       |                          |                              |

|                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                           |    |                                                 |
|---------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------|----|-------------------------------------------------|
|                                                   | Charmaine Marie Cortes - Pioco, Lala NHS<br>Restie I. Pasco, Samburon IS<br>Apida M.Dangcogan, SADMIS<br>Jeremy B. Calimpong, Maigo NHS<br>Rosalie P. Saycon, Lala NHS<br>Mark Japeth P. Balatero, LNNCHS                                                                                                                                                                                                                                                                                                                  |                           |    |                                                 |
| <b>TUBOD CES,<br/>Tubod, LDN</b>                  | June 9-11                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Mabisang<br>Komunikasyon  | 66 | Monisa M. Maba                                  |
|                                                   | <b>TRAINERS</b><br>Mohammad P. Abuat, Pantao Ragat Agro-Industrial HS<br>Charry P. Bacaling, Maigo NHS<br>Nadjah D. Usman, SD Mananggolo IS<br>Mary Rose Free D. Zamora, Kapatagan NHS<br>Janela R. Amerol, Pantar NHS<br>Norhanah M. Pambaya, Abdul Azis Liwalug NHS<br>Keziah Ann Procionos-Enejada- Lala NHS<br><b>Joselito C. Epe- PSDS</b>                                                                                                                                                                            |                           |    |                                                 |
| <b>FM POSADAS<br/>ES. Lala, LDN</b>               | June 9-11                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Life and<br>Career Skills | 83 | Robin L. Tabar, EPS<br>Dennis B. Dozano,<br>EPS |
|                                                   | <b>TRAINERS</b><br>Sheila Fe Bolina, Lala NHS<br>Gregg Michael S. Noval, Pigcarangan IS<br>Sahara Jane D. Banga, Bansarvil NHS<br>Jobelle M. Majait, Liangan NHS<br>Adon Mike M. Catacutan, Geronima Cabrera NHS<br>Clide Nicco B. Opada, Taguitic IS<br>Leah U. Cinco, Placida Mequiabas NHS<br>Carmel Ann A. Montecillo, Lala NHS<br>Sittie Aynah B. Bacarat, Pantar NHS<br>Kieveleen T. Pancipanci, Lala NHS<br>Ren Ariel P. Terrado, LNNCHS<br>Maria Luisa Villaester, Kapatagan NHS<br>Saul S. Begontes, Salvador NHS |                           |    |                                                 |
| <b>MARANDING<br/>CENTRAL ES<br/>Maranding CES</b> | June 9-11                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | General<br>Mathematics    | 75 | Lorraine O. Edrea,<br>EPS                       |
|                                                   | <b>TRAINERS</b><br>Maribel Shiela M. Tatoy, Kapatagan NHS                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                           |    |                                                 |

|                                      |                                                                                                                                                                                                                                                                                                                                                                                   |                         |    |                              |
|--------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|----|------------------------------|
|                                      | Juvy R. Rama, Lala NHS<br>Shiela Divino, Bansarvil NHS<br>Rodelyn E. Ruedas, Lala Proper IS<br>Kristine Joy N. Oblina, Kapatagan NHS<br>Abdul Jabbar Datu-dacula, Baloi NHS<br>Sohaile M. Macacowa, Maigo NHS<br>Bernice Mae P. Gordoncillo, LNNCHS<br>Jamil S. Sarangani, Salvador<br>Llyod M. Alquitela, Magsaysay                                                              |                         |    |                              |
| <b>MAIGO CES</b>                     | June 9-11                                                                                                                                                                                                                                                                                                                                                                         | Effective Communication | 65 | Jane Charity A. Estrada, EPS |
|                                      | <b>TRAINERS</b><br>FRECEL BUHISAN, Bansarvil NHS<br>Carol Muller, Kapatagan NHS<br>MARK ANTHONY Y. RODRIGUEZ, Lala Proper IS<br>JAN MALOU G. BONDAUG, Lala NHS<br>MARICEL B. COBERO, Bansarvil NHS<br>JADE SOLER, Maigo NHS<br>JEANY B. RAVAGO, Placida Mequiabas NHS<br>JANIMA RADIA, Sultan Dimasangcay Mananggolo IS<br>KEN CLAUDIE E. LUGATIMAN, LNNCHS                       |                         |    |                              |
| <b>LNNCHS (21<sup>st</sup> CLEM)</b> | June 9-11                                                                                                                                                                                                                                                                                                                                                                         | General Science         | 71 | Rowena E. Lontayao, EPS      |
|                                      | <b>TRAINERS</b><br>Clifton C. Duavis, Marcela Mabanta NHS<br>Saimah M. Hadji Shaeef, Bansarvil NHS<br>Juvy Ann Ababa, Lala NHS<br>Delia S. Nobleza, Kapatagan NHS<br>Anjo Dozano, Kapatagan NHS<br>Gerlett Grace Nallano, Lala NHS<br>Hanira Tomanor, Marcela Mabanta NHS<br>Bien D. Luste Jr., Salvador NHS<br>Kip Aiza F. Gabawa, Lala Proper IS<br>Loid Jay B. Kadile, LNPSTHS |                         |    |                              |

3. Participants to this activity are the identified teachers handling Grade 11 Core Subjects for School Year 2026–2027. The training shall be coordinated by **SEPS HRTD Jennifer Intong** and monitored by the Division **SEPS M & E Ivy. T. Jumawan**.

4. Attendance throughout the entire duration of the training is mandatory. Substitution or replacement of participants during the training period is strictly prohibited. Likewise, late arrivals and early departures shall not be allowed.
5. Transportation, meals and snacks and materials of the participants and trainers shall be charged against the school local funds/MOOE, subject to the usual accounting and auditing rules and regulations. Hence, bringing food provisions is highly encouraged.
6. Participants are advised to bring laptop, extension wire, internet data connection and 2016 curriculum guides (G 3-7), 2023 curriculum guide (G-11) and 2026 Budget of Work.
7. Attached to this Memorandum are the Training Matrix and List of Participants for reference and guidance.
8. Immediate dissemination of and strict compliance with this Memorandum are desired.

**EDWIN B. MARIBOJOC, CESO V**  
Schools Division Superintendent

ATCH: As stated

To be indicated in the Perpetual Index

under the following subjects:

CURRICULUM      TRAINING      TRAINING VENUE

**DIVISION TRAINING OF TEACHERS ON STRENGTHENING SENIOR HIGH SCHOOL CURRICULUM ON  
PAG-AARAL NG KASAYSAYAN AT LIPUNANG PILIPINO  
PROGRAM MATRIX**

| TIME          | VENUE            | DAY 1                                                                                                                            | DAY 2                                                             | DAY 3                                                                     |
|---------------|------------------|----------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|---------------------------------------------------------------------------|
| 7:30 – 8:00   |                  | Arrival & Registration                                                                                                           | Arrival & Attendance                                              | Arrival & Attendance                                                      |
| 8:00 – 8:45   |                  | Opening Program - PMT                                                                                                            | MOL - PMT                                                         | MOL - PMT                                                                 |
| 8:45 - 10:15  |                  | <b>[Core] Session 1</b><br>Key Features of the Strengthened Senior High School Curriculum and the Instructional Design Framework | <b>Session 4</b><br>Kamalayang Panlikas-Kayang Pag-Unlad          | <b>Workshop 1</b><br>Building on Curriculum Map: Planning a Sample Lesson |
|               | Resource Speaker | Jeremy B. Calimpong                                                                                                              | Restie I. Pasco                                                   | Charmaine Marie C. Cortes - Pioco                                         |
| 10:15 - 10:30 |                  | Health Break                                                                                                                     | Health Break                                                      | Health Break                                                              |
| 10:30 - 12:00 |                  | <b>[Core] Session 2 A</b><br>Exploring the Core Subject-Pag-aaral ng Kasaysayan at Lipunang Pilipino                             | <b>Session 5</b><br>Kamalaman sa Pagkamamayang Pilipino at Global | <b>Workshop 2</b><br>Learning Delivery Simulation                         |
|               | Resource Speaker | Randie C. Lucot                                                                                                                  | Rosalie P. Saycon                                                 | Restie I. Pasco                                                           |
| 12:00 - 1:00  |                  | Lunch Break                                                                                                                      |                                                                   |                                                                           |
| 1:00 - 3:00   |                  | <b>[Core] Session 2 B</b><br>Exploring the Core Subject-Pag-aaral ng Kasaysayan at Lipunang Pilipino                             | <b>Session 6</b><br>Pagpili ng Angkop na Estratehiya sa Pagtuturo | <b>Workshop 3</b><br>Workplace Application Planning                       |
|               | Resource Speaker | Charmaine Marie C. Cortes - Pioco                                                                                                | Apida M. Dangcogan                                                | Randie C. Lucot                                                           |
| 3:00 - 3:15   |                  | Health Break                                                                                                                     | Health Break                                                      | Health Break                                                              |
| 3:15 - 4:45   |                  | <b>Session 3</b><br>Kamalayang Pilipino                                                                                          | <b>Session 7</b><br>Assessing Learning                            | CLOSING PROGRAM                                                           |
|               | Resource Speaker | Myra C. Lumapas-Almaden                                                                                                          | Mark Japeth P. Balatero                                           |                                                                           |
| 4:45 - 5:00   |                  | Recap, Reminders, and End-of-Day Evaluation                                                                                      | Recap, Reminders, and End-of-Day Evaluation                       | Recap, Reminders, and End-of-Day Evaluation                               |

**DIVISION TRAINING OF TEACHERS ON STRENGTHENING SENIOR HIGH SCHOOL  
CURRICULUM ON PAG-AARAL NG KASAYSAYAN AT LIPUNANG PILIPINO  
LIST OF PARTICIPANTS**

| School                           | District          | Teacher A                |          | Teacher B           |          | Teacher C          |          |
|----------------------------------|-------------------|--------------------------|----------|---------------------|----------|--------------------|----------|
|                                  |                   | Name                     | Position | Name                | Position | Name               | Position |
| Bacolod CIS                      | Bacolod           | Maebhy O. Roxas          | T-III    |                     |          |                    |          |
| Binuni-Demologan NHS             | Bacolod           | Fedelyn A. Lagasca       | T-III    | Acmað Doma          | T-I      |                    |          |
| Liangan NHS                      | Bacolod           | Nelson L. Famenia        | T-II     | Gary B. Paglinawan  | T-I      |                    |          |
| Pagayawan IS                     | Bacolod           | Chapel Jun M. Paciente   | T-I      |                     |          |                    |          |
| Baloi NHS                        | Baloi East        | Johaina C. Ismael        | T-I      |                     |          |                    |          |
| Diosdado Yap Sr. NHS             | Baroy             | Rosemae Jave R. Cuyos    | T-III    |                     |          |                    |          |
| Lanao del Norte NCHS             | Baroy             | Harvy Legh P. Miculob    | T-II     | Brecht A. Tampus    | T-II     | Israfel Jutba      | T-II     |
| Carusa IS                        | Kapagatan West    | Juvelyn C. Cubol         | T-II     |                     |          |                    |          |
| Kapatagan NHS                    | Kapatagan Central | Annie Lou Tatad          | T-I      | Zerefh Fernandez    | T-I      | Clerissa Verallio  | T-II     |
| Bansarvil NHS                    | Kapatagan East    | Langie Lyn D. Inot       | T-II     | Alrose O. Lobetana  | T-III    |                    |          |
| Placida Mequiabas MNHS           | Kapatagan West    | Nicko Gran               | T-III    |                     |          |                    |          |
| Marcela T. Mabanta NHS           | Kauswagan         | Sohriya R. Hadji Ebrahim | T-I      | Marivic M. Mejorada | T-II     | Noraida R. Mangora | T-I      |
| Sultan Dimasangkay Mananggolo IS | Kauswagan         | Baironisah A. Mamiscal   | T-II     | Jabber M. Mama      | T-II     |                    |          |
| Diego H. Patigayon NHS           | Kolambugan        | Wondrine S. Patigayon    | MT-I     | Joy P. Patigayon    | T-III    |                    |          |
| Geronima Cabrera NHS             | Kolambugan        | Sittie Sarah I. Maruhom  | T-II     |                     |          |                    |          |
| Lala NHS                         | Lala Central      | Greenly D. Baguio        | T-III    | Ellen S. Puno       | T-II     | Azucina C. Caberte | T-III    |
| Lala Proper IS                   | Lala North        | Benette B. Recaborda     | T-I      |                     |          |                    |          |
| Linamon NHS                      | Linamon           | Elmer S. Parolinor       | T-II     |                     |          |                    |          |
| Magsaysay NHS                    | Magsaysay         | Jennifer Z. Canencia     | T II     |                     |          |                    |          |
| Tambacon IS                      | Magsaysay         | Aiza Jean R. Madronero   | T - III  |                     |          |                    |          |
| Maigo NHS                        | Maigo             | Lawrence T. Lagasca      | T - II   |                     |          |                    |          |

|                                 |              |                         |       |                      |      |                     |      |
|---------------------------------|--------------|-------------------------|-------|----------------------|------|---------------------|------|
| Abdul Azis Liliwalug NHS        | Matungao     | Zahra D. Ahmad          | T-II  |                      |      |                     |      |
| Munai NHS                       | Munai        | Rohainah D. Mulawad     |       |                      |      |                     |      |
| Penduloman IS                   | Munai        | Rahima A. Abdulkrauf    | T-II  | Nor-Ainah M. Camal   | T-I  |                     |      |
| Nunungan NHS                    | Nunungan     | Sophia M. Tumog         | T-II  |                      |      |                     |      |
| Pantao Ragat Agro-Ind. HS       | Pantao Ragat | Ramayana Badio          | T-II  | Lingling Casan       | T-II |                     |      |
| Pantar NHS                      | Pantar       | Asmah M. Panotolan      | T-I   | Johara L. Dalama     | T-II | Jonnaira A. Remuros | T-II |
| Poonapiagapo NHS                | Poonapiagapo | Walida M. Mangontra     | T-II  |                      |      |                     |      |
| Salvador NHS                    | Salvador     | Sarah G. Mote           | T-II  | Ana Marie C. Lauren  | T-II | Aubrey S. Horja     | T-II |
| Panolocon NHS                   | Sapad        | Sittlenor Busan         | T-II  |                      |      |                     |      |
| Sultan Naga Dimaporo MIS        | SND Central  | Nabila M. Tugasan       | T-II  | Rohaina L. Jamad     | T-II |                     |      |
| Sultan Ali Dimaporo Memorial IS | SND East     | Myla B. Muslim          | T-II  | Aspiah K. Andam      | T-I  | Abdul Qayyum Manna  | T-II |
| Andres Bersales, Sr. NHS        | SND West     | Julivie T. Sanupao      |       | Khalid E. Diego      | T-II |                     |      |
| Tangcal NHS                     | Tangcal      | Rafaldah C. Gans        | T-III |                      |      |                     |      |
| Arsenio A. Quibranza NHS        | Tubod East   | Rhea Mae A. Ponce       | T-II  |                      |      |                     |      |
| Dalama IS                       | Tubod East   | Brenneman Pat T. Roble  | T-II  |                      |      |                     |      |
| Lanao del Norte PSTHS           | Tubod East   | Raulin C. Sasing        | T-II  |                      |      |                     |      |
| Teofila C. Quibranza NHS        | Tubod East   | Judith T. Engulto       | T-II  |                      |      |                     |      |
| Pigcurangan IS                  | Tubod West   | Honey Grace P. Jornales | T-II  |                      |      |                     |      |
| Ruflo Dela Cruz IS              | Tubod West   | Khalid D. Daud          | T-II  | Norolhudah S. Lucman | T-II |                     |      |
|                                 |              |                         |       |                      |      |                     |      |
| Participants                    | 64           | 40                      |       | 17                   |      | 7                   |      |
| Speakers                        | 8            |                         |       |                      |      |                     |      |
| Total                           | 72           |                         |       |                      |      |                     |      |

**Strengthened SHS Curriculum Training of Teachers (Division Cascading)**  
**MABISANG KOMUNIKASYON**

| Time                | DAY 1                                                                                                                            | DAY 2                                                                                                                       | DAY 3                                                                         |
|---------------------|----------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|
| 8:00 – 8:15 AM      | Opening Program                                                                                                                  | MOL                                                                                                                         | MOL                                                                           |
| 8:15 – 8:30 AM      | Pre-Test                                                                                                                         |                                                                                                                             |                                                                               |
| 8:30 – 9:30 AM      | Session 1: Features of Strengthened SHS and the Instructional Design Framework<br><b>(JOSELITO C. EPE, PSDS)</b>                 | Session 4: Galugad-Kaalaman sa Mabisang Komunikasyon (Ikatlong Bahagi)<br><b>(NORHANAH M. PAMBAYA, PhD)</b>                 | Session 7: Pagpaplano sa Pagtataya<br><b>(NADJAH D. USMAN)</b>                |
| 9:30 – 10:00 AM     | Health Break                                                                                                                     |                                                                                                                             |                                                                               |
| 10:00 AM – 11:00 AM | Pagpapatuloy ng Session 1: Features of Strengthened SHS and the Instructional Design Framework<br><b>(JOSELITO C. EPE, PSDS)</b> | Pagpapatuloy ng Session 4: Galugad-Kaalaman sa Mabisang Komunikasyon (Ikatlong Bahagi)<br><b>(NORHANAH M. PAMBAYA, PhD)</b> | PAGPAPATOLY ng Session 7: Pagpaplano sa Pagtataya<br><b>(NADJAH D. USMAN)</b> |
| 11:00 – 12:00 PM    | Session 2: Galugad-Kaalaman sa Mabisang Komunikasyon (Unang Bahagi)<br><b>(MOHAMMAD P. ABUAT)</b>                                | Session 5: Galugad-Kaalaman sa Mabisang Komunikasyon (Ikaapat na Bahagi)<br><b>(CHARRY BACALING)</b>                        | Workshop 1: Linangin at Paghusayin ang Banghay-Aralin                         |
| 12:00 – 1:00 PM     | Lunch Break                                                                                                                      |                                                                                                                             |                                                                               |
| 1:00 – 2:30 PM      | Pagpapatuloy ng Session 2: Galugad-Kaalaman sa Mabisang Komunikasyon (Unang Bahagi)<br><b>(MOHAMMAD P. ABUAT)</b>                | Pagpapatuloy ng Session 5: Galugad-Kaalaman sa Mabisang Komunikasyon (Ikaapat na Bahagi)<br><b>(CHARRY BACALING)</b>        | Workshop 2: Pagbabahagi sa Husay ng Pakitang-turo sa Pinalakas na SHS         |
| 2:30– 2:45PM        | Health Break                                                                                                                     |                                                                                                                             |                                                                               |
| 2:45 – 5:00 PM      | Session 3: Galugad-Kaalaman sa Mabisang Komunikasyon (Ikalawang Bahagi)<br><b>(ROSE FREE ZAMORA)</b>                             | Session 6: Hakbang-Husay: Estratehiyang Instruksiyonal sa Pagtuturo ng Mabisang Komunikasyon<br><b>(JAMELA AMEROL)</b>      | Workshop 3: Workplace Application Planning<br><br>Post Test                   |
| 5:00 – 5:30 PM      | End-of-Day Evaluation / PMT Debriefing                                                                                           |                                                                                                                             |                                                                               |

**Trainers for  
MABISANG  
KOMUNIKASYON:**

Mohammad P. Abuat, Pantao Ragat Agro-Industrial HS

Charry P. Bacaling, Maigo NHS

Nadjah D. Usman, SD Mananggolo IS

Mary Rose Free D. Zamora, Kapatagan NHS

Jamela R. Amerol, Pantar NHS

Norhanah M. Pambaya, Abdul Azis Liwalug NHS

KEZIAH ANNE L. PROCIANOS, MT I - LALA NATIONAL HIGH SCHOOL

| Sch ID | School                                | District   | Teacher A          |          | Teacher B       |          | Teacher C       |          |
|--------|---------------------------------------|------------|--------------------|----------|-----------------|----------|-----------------|----------|
|        |                                       |            | Name               | Position | Name            | Position | Name            | Position |
| 501369 | Bacolod Central Integrated School     | Bacolod    | RAYHANAH B. ASI    | T-1      |                 |          |                 |          |
| 304000 | Binuni-Demologan NHS                  | Bacolod    | NORFAISAH MAGAD    | T-I      | Rosanna N. Asis | T- II    |                 |          |
| 304007 | Liangnan NHS                          | Bacolod    | Anisah Macarimbang | T-II     |                 |          |                 |          |
| 500248 | Pagayawan IS                          | Bacolod    | Natividad O. Dique | T-II     |                 |          |                 |          |
| 303998 | Baloi National High School            | Baloi East | Muslima M. Muto    | T-I      |                 |          |                 |          |
| 304001 | Diosdado Yap Sr. National High School | Baroy      | Romelyn Q. Pareja  | T-II     |                 |          |                 |          |
| 304005 | Lanao del                             | Baroy      | ARRVIC M. VILLEGAS | T-II     | LUCY D. RESABA  | T-II     | LOVELY QUEEN O. | T-II     |

|        |                                                 |                   |                        |            |                      |        |                    |        |
|--------|-------------------------------------------------|-------------------|------------------------|------------|----------------------|--------|--------------------|--------|
|        | <b>Norte NCHS</b>                               |                   |                        |            |                      |        | <b>GUILLOT</b>     |        |
| 500249 | Carusa Integrated School                        | Kapagatan West    | Aslima Gao H. Racman   | T-I        |                      |        |                    |        |
| 304003 | Kapatagan NHS                                   | Kapatagan Central | Darryl Mae Baricuatro  | T-II       | Dana Entia           | T-II   |                    |        |
| 303999 | Bansarvil NHS                                   | Kapatagan East    | Angie P. Maghanoy      | T-I        | Ruby Flor I. Maratas | T-III  |                    |        |
| 304006 | Plácida Mequiabas Mem. NHS (Lapinig NHS)        | Kapatagan West    | Maricel Yosores        | TII        | Janelle Lood         | TII    |                    |        |
| 500688 | Taguitic Integrated School                      | Kapatagan West    | Hasmen S. Culot        | TII        |                      |        |                    |        |
| 304011 | Marcela T. Mabanta NHS                          | Kauswagan         | LYNN AISHA C. PERMITES | T-II       | MI- AMOR M. RECLA    | T - II | GREMI E. CRISTOBAL | T - II |
| 502082 | Sultan Dimasangcay Mananggolo Integrated School | Kauswagan         | MOHAIMA MACA-AMPAO     | Teacher II |                      |        |                    |        |
| 304013 | Diego H. Patigayon NHS (Mukas NHS)              | Kolambugan        | Asnia Bajunaid         | TII        |                      |        |                    |        |
| 304020 | Geronima Cabrera NHS (Riverside NHS)            | Kolambugan        | ROSMINA M. PASCAN      | T-I        | DIAMON M. PASAGUE    | T-II   |                    |        |
| 304004 | Lala NHS                                        | Lala Central      | Gracelyn Bigornia      | T-III      | Jellie Barbajo       | T-II   | Meljhon Simbajon   | T-II   |

|        |                                         |              |                         |       |                   |      |                    |      |
|--------|-----------------------------------------|--------------|-------------------------|-------|-------------------|------|--------------------|------|
| 500689 | Lala Proper IS                          | Lala North   | Lendy Plamad            | T I   |                   |      |                    |      |
| 304008 | Linamon NHS                             | Linamon      | Dorothy Faith C. Martir | T III |                   |      |                    |      |
| 501030 | Samburon Integrated School              | Linamon      | HANIFAH Y. ALI          | TI    |                   |      |                    |      |
| 304009 | Magsaysay NHS                           | Magsaysay    | Roxan D. Cano-og        | T I   | Sittie Obinay     | TII  |                    |      |
| 315110 | SERGIO P. CERUJALES, JR. NHS            | Magsaysay    | Soraya M. Lominog       | T - I |                   |      |                    |      |
| 500431 | Tambacon Integrated School              | Magsaysay    | Maymay O. Sarip         | T - I |                   |      |                    |      |
| 304010 | Maigo NHS                               | Maigo        |                         | NONE  |                   |      |                    |      |
| 304012 | ABDUL AZIS LIWALUG NATIONAL HIGH SCHOOL | Matungao     |                         |       |                   |      |                    |      |
| 304014 | Munai NHS                               | Munai        | Nahida M. Takiri        | T-III | Asliah G. Mapandi | T-II |                    |      |
| 501558 | Pendulonan Integrated School            | Munai        | RASMIA M. MUTIA         | T-II  |                   | T-I  |                    |      |
| 304016 | Nunungan NHS                            | Nunungan     | SALLY M. ALAWI          | TII   |                   |      |                    |      |
| 304018 | Pantao Ragat Agro-Ind. HS               | Pantao Ragat | AZISAH MANGORANDA       | T-I   |                   |      |                    |      |
| 304019 | Pantar National High School             | Pantar       | Amerah A. H.Usman       | T-II  | Raihanie Mawalo   | T-II | Nashiba M. Mastura | T-II |
| 315104 | Poonapiagapo NHS(Annex                  | Poonapiagapo | Aisah R. Dida-agun      | TII   |                   |      |                    |      |

|        |                                                 |             |                        |            |                       |     |                       |     |
|--------|-------------------------------------------------|-------------|------------------------|------------|-----------------------|-----|-----------------------|-----|
|        | Matungao NHS)                                   |             |                        |            |                       |     |                       |     |
| 304023 | Salvador NHS<br>(Salvador Trade HS)             | Salvador    | Janina Z. Daud         | TII        | Normina A. Alimosa    | TII | Kathylyn C. Tundag    |     |
| 304017 | Panoloan NHS                                    | Sapad       | JHONA B. Bargamento    | TII        | ANALIZA C. SALUPAN    | TI  |                       |     |
| 500691 | Sultan Naga Dimaporo Memorial Integrated School | SND Central | Hanima P. Dalundong    | Teacher I  | Yvonne Grace B. Hayno | T1  | Junah Marry G. Mecong | TII |
| 500690 | Sultan Ali Dimaporo Memorial IS                 | SND East    |                        |            |                       |     |                       |     |
| 304022 | Andres Bersales, Sr. Nat'l. HS (Pandanah NHS)   | SND West    | Julevie T. Sanupao     | T-I        |                       |     |                       |     |
| 304021 | Tagoloan NHS                                    | Tagoloan    | Sohaylah M. HadjiRasid | T-1        |                       |     |                       |     |
| 315103 | Tangcal NHS (Annex Magsaysay NHS)               | Tangcal     | Casana C. Liawao       | Teacher II |                       |     |                       |     |
| 304002 | Arsenio A. Quibranza NHS (LNNAIHS)              | Tubod East  | Josephine L. Carnable  | T-II       |                       |     |                       |     |
| 500687 | Dalama                                          | Tubod East  | MARLON G.              | TEACHE     |                       |     |                       |     |

|        |                                                                                                  |            |                              |            |    |  |   |  |
|--------|--------------------------------------------------------------------------------------------------|------------|------------------------------|------------|----|--|---|--|
|        | Integrated School                                                                                |            | CABATAÑA                     | R 1        |    |  |   |  |
| 315102 | Lanao del Norte Provincial Science and Technology HS (former Malingao NHS (Annex New Pualas NHS) | Tubod East | Grace O. Limbaga             | TII        |    |  |   |  |
| 304015 | Teofila C. Quibranza NHS (New Pualas NHS)                                                        | Tubod East | ANALYN R. TOPIA              | TEACHER 1  |    |  |   |  |
| 501396 | Pigcarangan Integrated School                                                                    | Tubod West | Mary Ipsile Marden M. Sandot | Teacher II |    |  |   |  |
| 500430 | Rufo Dela Cruz Integrated School                                                                 | Tubod West | EUNICE P. BALDOZA            | Teacher I  |    |  |   |  |
|        |                                                                                                  |            | 41                           |            | 13 |  | 6 |  |
|        | Participants                                                                                     | 60         |                              |            |    |  |   |  |
|        | Speakers                                                                                         | 6          |                              |            |    |  |   |  |
|        | Total                                                                                            | 66         |                              |            |    |  |   |  |
|        |                                                                                                  |            |                              |            |    |  |   |  |
|        |                                                                                                  |            |                              |            |    |  |   |  |
|        |                                                                                                  |            |                              |            |    |  |   |  |



Republic of the Philippines  
Department of Education  
NATIONAL EDUCATORS ACADEMY OF THE PHILIPPINES



**TRAINING MATRIX – LIFE AND CAREER SKILLS**  
**JUNE 9-11, 2026**



| Strengthened Senior High School Curriculum Training of Teachers for Life and Career Skills |          |                                                                                                                                                  |                                                                                                          |                                                                                             |
|--------------------------------------------------------------------------------------------|----------|--------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| Time                                                                                       |          | Day 1                                                                                                                                            | Day 2                                                                                                    | Day 3                                                                                       |
| 8:00 AM                                                                                    | 8:15 AM  | MOL                                                                                                                                              | MOL                                                                                                      | MOL                                                                                         |
| 8:15 AM                                                                                    | 8:30 AM  | Opening Program Pre-Test<br><br>Session 1: Features of Strengthened SHS and the Instructional Design Framework<br>(ADON MIKE M. CATACUTAN, T-II) | Session 4: Exploring the [Core Subject] Curriculum (Part 3)<br><br>( GREGG MICHAEL S. NOVAL, T-I)        | Session 7: Assessing Learning<br>(CLIDE NICCO B. OPADA, T-I)                                |
| 8:30 AM                                                                                    | 8:45 AM  |                                                                                                                                                  |                                                                                                          | Workshop 1: Lesson Plan Development<br><br>(LEAH U. CINCO, T-II/ CLIDE NICCO B. OPADA, T-I) |
| 8:45 AM                                                                                    | 9:00 AM  |                                                                                                                                                  |                                                                                                          |                                                                                             |
| 9:00 AM                                                                                    | 9:15 AM  |                                                                                                                                                  |                                                                                                          |                                                                                             |
| 9:15 AM                                                                                    | 9:30 AM  |                                                                                                                                                  |                                                                                                          |                                                                                             |
| 9:30 AM                                                                                    | 9:45 AM  |                                                                                                                                                  |                                                                                                          |                                                                                             |
| 9:45 AM                                                                                    | 10:00 AM | Health Break                                                                                                                                     | Health Break                                                                                             | (LEAH U. CINCO, T-II/ CLIDE NICCO B. OPADA, T-I)                                            |
| 10:00 AM                                                                                   | 10:15 AM | Session 2: Exploring the [Core Subject] Curriculum (Part 1)<br><br>( CARMEL ANN MONTECILLO, T-I/ RENZ TERRADO, T-I)                              | Continuation of Session 4                                                                                | Health Break                                                                                |
| 10:15 AM                                                                                   | 10:30 AM |                                                                                                                                                  | Session 5: Exploring the [Core Subject] Curriculum (Part 4)<br><br>(REN ARIEL TERRADO/ SAUL S. BEGONTES) | Continuation of Workshop 1                                                                  |
| 10:30 AM                                                                                   | 11:00 AM |                                                                                                                                                  |                                                                                                          |                                                                                             |
| 11:00 AM                                                                                   | 11:15 AM |                                                                                                                                                  |                                                                                                          |                                                                                             |
| 11:15 AM                                                                                   | 11:30 AM |                                                                                                                                                  |                                                                                                          |                                                                                             |
| 11:30 AM                                                                                   | 12:00 PM |                                                                                                                                                  |                                                                                                          | Workshop 2: Demonstration Teaching<br>(JOBELLE MAJAIT, T-II)                                |
| 12:00 PM                                                                                   | 1:00 PM  | Health Break                                                                                                                                     | Health Break                                                                                             |                                                                                             |

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|         |         |                                      |                                                                            |                                                                                                                     |
|---------|---------|--------------------------------------|----------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|
| 1:00 PM | 2:00 PM | Continuation of Session 2            | Session 6: Choosing Appropriate Strategies<br><br>(MARIA LUISA VILLAESTER) | Workshop 3: Workplace Application Plan<br>(KIEVELEEN T. PANCIPANCI, T-II)                                           |
| 2:00 PM | 2:15 PM |                                      |                                                                            | Session 3: Exploring the [Core Subject] Curriculum (Part 2)<br><br>SAHARA JANE D. BANGA, T-II/SITTIE AYNAB BACARAT) |
| 2:15 PM | 2:45 PM |                                      |                                                                            |                                                                                                                     |
| 2:45 PM | 3:00 PM |                                      |                                                                            |                                                                                                                     |
| 3:00 PM | 3:15 PM | Health Break                         | Health Break                                                               | Health Break                                                                                                        |
| 3:15 PM | 3:30 PM | Continuation of Session 3            | Session 7: Assessing Learning<br>(CLIDE NICCO B. OPADA, T-I)               | Closing Program                                                                                                     |
| 3:30 PM | 4:00 PM |                                      |                                                                            |                                                                                                                     |
| 4:00 PM | 5:00 PM |                                      |                                                                            |                                                                                                                     |
| 5:00 PM | 5:15 PM |                                      |                                                                            |                                                                                                                     |
| 5:15 PM | 5:30 PM | End-of-Day Evaluation PMT Debriefing | End-of-Day Evaluation PMT Debriefing                                       | End-of-Day PMT Debriefing                                                                                           |

Prepared by:

**SHEILAFE C. BOLINA**  
RO Trainer

Process Observers:

Dr. Robin L. Tabar-MAPEH  
Dr. Dennis B. Dozano-Val. Ed

# **LIFE AND CAREER SKILLS** **LIST OF GRADE 11 TEACHERS**

| NAME OF TRAINERS         | SCHOOL                               |
|--------------------------|--------------------------------------|
| Sheila Fa Bolina         | Lala National High School            |
| Gregg Michael S. Noval   | Pigcarangan IS                       |
| Sahara Jane D. Banga     | Bansarvil NHS                        |
| Jobelle M. Majalt        | Llangan National HS                  |
| Adon Mike M. Catacutan   | Geronima Cabrera NHS (Riverside NHS) |
| Clide Nicco B. Opada     | Tagultic IS                          |
| Leah U. Cinco            | Placida Mequilbas NHS                |
| Carmel Ann A. Montecillo | Lala National HS                     |
| Sittie Aynah B. Bacarat  | Pantar National HS                   |
| Kieveleen T. Pancipanci  | Lala National HS                     |
| Ren Ariel P. Terrado     | LNNCHS                               |
| Maria Luisa Villnester   | Kapatagan NHS                        |
| Saul S. Begantes         | Salvador NHS (Salvador Trade HS)     |

| NAME OF TEACHERS            |                                       |                        |                    |
|-----------------------------|---------------------------------------|------------------------|--------------------|
| NABELA C. DIDATO            | Bacolod Central Integrated School     | Reylyn T. Male         | June M. Quijano    |
| JOBERT M. PORNIA            | Binuni-Demologan NHS                  | Mark Vincent E. Yurong |                    |
| Chitty Marie T. Isabal      | Llangan NHS                           |                        |                    |
| LEVY D. BAGOOD              | Pagayawan IS                          |                        |                    |
| Sittie Rasmia M. Cosain     | Baloi National High School            |                        |                    |
| Jan Marcos T. Belacura      | Diosdado Yap Sr. National High School | Ann Miculob            | James Oliver Deang |
| INA KRISTIE DEANG           | Lanao del Norte NCHS                  | Neljun S. Langga       |                    |
| Edjun P. Rarugal            | Carusa Integrated School              | Gay Tongco             |                    |
| Jan Myka Labunog            | Kapatagan NHS                         | Neby B. Alando         |                    |
| Cristine Rose P. Baroquillo | Bansarvil NHS                         |                        |                    |

|                           |                                                    |                           |                          |
|---------------------------|----------------------------------------------------|---------------------------|--------------------------|
| Neil Duyag                | Placida Mequiabas Mem. NHS<br>(Lapinig NHS)        |                           |                          |
| Clide Nicco B. Opada      | Tagultic Integrated School                         | Janice M. Encarnacion     | NELSIE ROSE T. EDROZO    |
| NADJMAH M.HADJI ABDULGANI | Marcela T. Mabanta NHS                             | Nafisah D. Manalusug      |                          |
| FERNANDO D. POLINIO JR.   | Sultan Dimasangcay Mananggolo<br>Integrated School |                           |                          |
| Fritziel T. Magpili       | Diego H. Patigayon NHS (Mukas<br>NHS)              | Mijoy E. Fernandez        | AGNES XANDRA L. CRUZ     |
| JANICE B. ARANTON         | Geronima Cabrera NHS (Riverside<br>NHS)            | Mitch Sahara Jane Lomoljo | Christidel Anne Filipino |
| Juniel Barbajo            | Lala NHS                                           |                           |                          |
| Jaypee Javate             | Lala Proper IS                                     |                           |                          |
| Karen E. Buenaventura     | Linamon NHS                                        |                           |                          |
| Eugene E. Harp            | Samburon Integrated School                         | Claide L. Larin           |                          |
| Sittie T. Obinay          | Magsaysay NHS                                      |                           |                          |
|                           | SERGIO P. CERUALES, JR. NHS                        |                           |                          |
| Jocyn N. Nelmda           | Tambacon Integrated School                         | Mary Celeste F. Sencil    |                          |
| Joeyan Q. Trozo           | Malgo NHS                                          |                           |                          |
| Maria Elisa S. Usman      | ABDUL AZIS LIWALUG NATIONAL<br>HIGH SCHOOL         |                           |                          |
| Abdulhasit S. Barabato    | Munal NHS                                          | Norhata Manan             |                          |
| RASMIA M. MUTIA           | Pendulonan Integrated School                       |                           |                          |
| Raihana G. Esrafel        | Nunungan NHS                                       | Sittie Aina Abdul Raquib  |                          |
| SINAB DIPATUAN            | Pantao Ragat Agro-Ind. HS                          | Noralyn B. Anggulo        | Basary M. Daluma         |
| Camarodin U. Muto         | Pantar National High School                        |                           |                          |
| Alia S. Mama              | Poonaplagapo NHS(Annex<br>Matungao NHS)            | April Rose C. Gicale      | Ma. Carmela M. Jardin    |
| Ann Marie A. Palahang     | Salvador NHS (Salvador Trade HS)                   |                           |                          |
| EDWIN D. Alayacnac        | Panoloon NHS                                       | Emee Marieson B. Belvis   | Khent LLOYD M. Agolob    |

|                            |                                                                                                           |                             |                         |
|----------------------------|-----------------------------------------------------------------------------------------------------------|-----------------------------|-------------------------|
| <b>CHORLITO B. PUERTE</b>  | <b>Sultan Naga Dimaporo MIs</b>                                                                           | <b>Mary Grace E. Coyoca</b> | <b>Ailan H. Gumampo</b> |
| Charlyn C. Acapulco        | Sultan Ali Dimaporo Memorial IS                                                                           |                             |                         |
| Ronald O. Mecong           | Andres Bersales, Sr. Nat'l. HS<br>(Pandanan NHS)                                                          | Maylin C. Mahinay           |                         |
| Monaliza P. Panontongan    | Tagoloan NHS                                                                                              | Abulkair L. Barodi          |                         |
| <b>ARGIE L. LOMABAO</b>    | Tangcal NHS (Annex Magsaysay<br>NHS)                                                                      |                             |                         |
| Lucibeth V. Lagunsad       | Arsenio A. Quibranza NHS<br>(LNNAIHS)                                                                     |                             |                         |
| <b>LEDERT C. CANGMAONG</b> | Dalama Integrated School                                                                                  |                             |                         |
| Jonelyn L. Estera          | Lanao del Norte Provincial Science<br>and Technology HS (former<br>Malingao NHS (Annex New Pualas<br>NHS) |                             |                         |
| <b>JINKY V. PEPITO</b>     | Teofila C. Quibranza NHS (New<br>Pualas NHS)                                                              |                             |                         |
| Gregg Michael S. Noval     | Pigcarangan Integrated School                                                                             |                             |                         |
| Rezyl R. Mallorca          | Rufo Dela Cruz Integrated School                                                                          |                             |                         |
| Job C. Carillo             | Andres Bersales Sr. National High school                                                                  |                             |                         |
| Sally M. Alawi             | Masibay Integrated School                                                                                 |                             |                         |

| Strengthened SHS Curriculum Training of Teachers (Divisional Cascading) |         |                                                                                                                                                                   |                                                                                                                         |                                                                                     |
|-------------------------------------------------------------------------|---------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| GENERAL MATHEMATICS                                                     |         |                                                                                                                                                                   |                                                                                                                         |                                                                                     |
| Time                                                                    |         | Day 1                                                                                                                                                             | Day 2                                                                                                                   | Day 3                                                                               |
| 8:00                                                                    | 8:15    | Opening Program                                                                                                                                                   | MOL                                                                                                                     | MOL                                                                                 |
| 8:15                                                                    | 8:30    | Pre-Test                                                                                                                                                          | Session 3: Exploring General Mathematics (Part 2) - Continuation<br>(RP: <del>Sohaile M. Macacova</del> )               | Session 7: Assessing Learning<br>(RP: Abdul Jabbar B. Datu-dacula)                  |
| 8:30                                                                    | 9:45    | Session 1: Key Features of the Strengthened Senior High School Curriculum and the Instructional Design Framework<br>(RP: Bernice P. Gordoncillo)                  |                                                                                                                         |                                                                                     |
| 9:45                                                                    | 10:00   | Health Break                                                                                                                                                      |                                                                                                                         |                                                                                     |
| 10:00                                                                   | 11:00   | Session 1: Key Features of the Strengthened Senior High School Curriculum and the Instructional Design Framework - (Continuation)<br>(RP: Bernice P. Gordoncillo) | Session 4: Exploring General Mathematics Curriculum -Part 3<br>(RP: Kristine Joy N. Oblina)                             | Session 7: Assessing Learning - continuation<br>(RP: Abdul Jabbar B. Datu-dacula)   |
| 11:00                                                                   | 12:00   | Session 2: Exploring General Mathematics Curriculum (Part 1)<br>(RP: <del>Jamil S. Sarangani</del> )                                                              |                                                                                                                         | Workshop 1: Lesson Plan Development<br>(LF: Shiela A. Divino)                       |
| 12:00                                                                   | 1:00    | Lunch Break                                                                                                                                                       |                                                                                                                         |                                                                                     |
| 1:00                                                                    | 2:00    | Session 2: Exploring General Mathematics Curriculum (Part 1) - Continuation<br>(RP: <del>Jamil S. Sarangani</del> )                                               | Session 5: Exploring General Mathematics (Part 4)<br>(RP: <del>Lloyd M. Alquitela</del> )                               | Workshop 2: Lesson Simulation<br>(LF: <del>Judy R. Rama</del> )                     |
| 2:00                                                                    | 3:00    |                                                                                                                                                                   |                                                                                                                         | Workshop 3: <del>Workplace</del> Application Plan<br>(LF: <del>Judy R. Rama</del> ) |
| 3:00                                                                    | 3:15 PM | Health Break                                                                                                                                                      |                                                                                                                         |                                                                                     |
| 3:15                                                                    | 3:45    | Session 3: Exploring General Mathematics Curriculum (Part 2)<br>(RP: <del>Sohaile M. Macacova</del> )                                                             | Session 6: Choosing Appropriate Instructional Strategies for General Mathematics<br>(RP: <del>Rodelyn E. Ruedas</del> ) | Workshop 3: <del>Workplace</del> Application Plan<br>(LF: Maribel Tatoy)            |
| 3:45                                                                    | 4:00    |                                                                                                                                                                   |                                                                                                                         | Post-Test                                                                           |
| 4:00                                                                    | 5:00    |                                                                                                                                                                   |                                                                                                                         | Closing Program                                                                     |
| 5:00                                                                    | 5:15    | PMT: Maribel Tatoy, Debriefing - End of the Day                                                                                                                   | PMT: Maribel Tatoy, Debriefing - End of the Day                                                                         | PMT: Maribel Tatoy, Debriefing - End of the Day                                     |
| 5:15                                                                    | 5:30    |                                                                                                                                                                   |                                                                                                                         |                                                                                     |

**Trainers for GENERAL MATHEMATICS:**

Maribel Shiela M. Tatoy, Kapatagan NHS  
~~Judy R. Rama~~, Lala NHS  
Shiela Divino, ~~Bansayil~~ NHS  
~~Rodelyn E. Ruedas~~, Lala Proper IS  
Kristine Joy N. Oblina, Kapatagan NHS  
Abdul Jabbar Datu-dacula, Baloi NHS  
~~Sohaile M. Macacova~~, Maigo NHS  
Bernice Mae P. Gordoncillo, LNNCHS  
Jamil S. Sarangani, Salvador  
~~Llyod M. Alquitela~~, Magsaysay

# LIST OF PARTICIPANTS – GENERAL MATHEMATICS

| No. | Name                         | Position | School                            | District          |
|-----|------------------------------|----------|-----------------------------------|-------------------|
| 1   | JOSHUA B. DANDOY             | T-I      | Bacolod Central Integrated School | Bacolod           |
| 2   | JOSELITO TAOC                | T-III    | Binuni-Demologan NHS              | Bacolod           |
| 3   | Tyrone V. Viscaya            | T- II    | Binuni-Demologan NHS              | Bacolod           |
| 4   | Aireen A. Bonifacio          | T- I     | Binuni-Demologan NHS              | Bacolod           |
| 5   | Rolly D. Balo                | T2       | Liangan NHS                       | Bacolod           |
| 6   | Zinab O. Salacob             | T - I    | Pagayawan IS                      | Bacolod           |
| 7   | Hannan R. Mackno             | T-I      | Baloi National High School        | Baloi East        |
| 8   | Leizel I. Forcadilla         | T-III    | Diosdado Yap Sr. National HS      | Baroy             |
| 9   | JUNREY O. SARAUSAS           | T-I      | Lanao del Norte NCHS              | Baroy             |
| 10  | EVELYN CARTIN                | T-III    | Lanao del Norte NCHS              | Baroy             |
| 11  | JONATHAN MALLORCA            | T-III    | Lanao del Norte NCHS              | Baroy             |
| 12  | Salli P. Batilla             | T-I      | Carusa Integrated School          | Kapagatan West    |
| 13  | Novenal Cabando              | T-II     | Kapatagan NHS                     | Kapatagan Central |
| 14  | Cistine Gay Dagondon         | T-I      | Kapatagan NHS                     | Kapatagan Central |
| 15  | Mary Jane Dinapo             | T-II     | Kapatagan NHS                     | Kapatagan Central |
| 16  | Gemalyn P. Diabelos          | T-I      | Bansaryil NHS                     | Kapatagan East    |
| 17  | Hermit D. Belano             | MT- I    | Bansaryil NHS                     | Kapatagan East    |
| 18  | Sobosoba P. Dimalayang       | TIH      | Placida Meguiabas Mem. NHS        | Kapatagan West    |
| 19  | Janely A. Almazan            | TH       | Taguific Integrated School        | Kapatagan West    |
| 20  | VILMA D. HAMBRE              | MT - II  | Marcela T. Mabanta NHS            | Kauswagan         |
| 21  | IAN D. LUY                   | T - II   | Marcela T. Mabanta NHS            | Kauswagan         |
| 22  | Nelsie Rose T. Edrozo        | T - II   | Marcela T. Mabanta NHS            | Kauswagan         |
| 23  | Banosalam U. Lomodag         | T3       | SD Mananggolo Integrated School   | Kauswagan         |
| 24  | Norsittie A. Barambangan     | T3       | SD Mananggolo Integrated School   | Kauswagan         |
| 25  | Analyn Sagal                 | MT-I     | Diego H. Patigayon NHS            | Kolambugan        |
| 26  | JULIETA P. LIGUE             | T-III    | Geronima Cabrera NHS              | Kolambugan        |
| 27  | Adon Mike M. Catacutan       | T-II     | Geronima Cabrera NHS              | Kolambugan        |
| 28  | Ronalene F. Munasque         | T-III    | Lala NHS                          | Lala Central      |
| 29  | Lorena Fe S. Anub            | T-II     | Lala NHS                          | Lala Central      |
| 30  | Randy D. Angel               | T-I      | Lala NHS                          | Lala Central      |
| 31  | Sheryl P. Paulo              | T II     | Lala Proper IS                    | Lala North        |
| 32  | Kem Harvey G. Adres          | SST I    | Linamon NHS                       | Linamon           |
| 33  | Maria Sophia Jade T. Jumamil | TI       | Samburan Integrated School        | Linamon           |
| 34  | Nika Keen Ianne Maglangit    | T I      | Magsaysay NHS                     | Magsaysay         |
| 35  | Alfie John M. Serino         | T - I    | Sergio P. Cerviales, Jr. NHS      | Magsaysay         |
| 36  | Remark O. Hepolito           | T - I    | Tambaon Integrated School         | Magsaysay         |
| 37  | Marvin Jhon J. Delos Santos  | T - I    | Maigo NHS                         | Maigo             |
| 38  | Ny'aim A. Arimao             | T-III    | Abdul Azis Liwalug NHS            | Matungao          |
| 39  | Saipoden R. Benito           |          | Munai NHS                         | Munai             |
| 40  | RAHIMA A. ABDULRAUF          | T-II     | Pendulonan Integrated School      | Munai             |
| 41  | MARY JOY V. OGUIIS           | T-II     | Nunungan NHS                      | Nunungan          |
| 42  | Mary Joy V. Oguis            | T2       | Masibay Integrated School         | Nunungan          |
| 43  | ROHANISAH RINIBATAN          | SST-I    | Pantao Ragat Agro-Ind. HS         | Pantao Ragat      |
| 44  | SORAYA POONADATU             | T-II     | Pantao Ragat Agro-Ind. HS         | Pantao Ragat      |

| No. | Name                   | Position | School                                               | District     |
|-----|------------------------|----------|------------------------------------------------------|--------------|
| 45  | ASNAIFAH SAGA          | T-III    | Pantao Ragat Agro-Ind. HS                            | Pantao Ragat |
| 46  | Nasrifah R. Baya-an    | SST-I    | Pantar National High School                          | Pantar       |
| 47  | Hanifah E. Daluma      | T-I      | Pantar National High School                          | Pantar       |
| 48  | Nor-jannah G Racmat    | T-3      | Poonapiagapo NHS                                     | Poonapiagapo |
| 49  | John Nerlo M. Dequina  | TII      | Salvador NHS                                         | Salvador     |
| 50  | JOHN ARIEL P. TEREZ    | TII      | Panoloan NHS                                         | Sapad        |
| 51  | ESTERLITA U. CRISTOBAL | T2       | SND Memorial Integrated School                       | SND Central  |
| 52  | ERWIN G. SUMILE        | T2       | SND Memorial Integrated School                       | SND Central  |
| 53  | Aldrin A. Magallanes   | T II     | Sultan Ali Dimaporo Memorial IS                      | SND East     |
| 54  | Nahara M. Tampogao     | T I      | Sultan Ali Dimaporo Memorial IS                      | SND East     |
| 55  | Jamalia A. Samo        | T1       | Andres Bersales, Sr. Nat'l HS                        | SND West     |
| 56  | Norhanessah L. Sarip   | T-II     | Tagoloan NHS                                         | Tagoloan     |
| 57  | Saimah M. Saidali      | T-II     | Tagoloan NHS                                         | Tagoloan     |
| 58  | Jeralyn S. Balios      | T-III    | Tangcal NHS                                          | Tangcal      |
| 59  | Reginald G. Adres      | T-I      | Arsenio A. Quibranza NHS                             | Tubod East   |
| 60  | ZARAH MAE P. BOLANGIS  | T1       | Dalama Integrated School                             | Tubod East   |
| 61  | Joe Art E. Pague       | TII      | Lanao del Norte Provincial Science and Technology HS | Tubod East   |
| 62  | CHERYL A. BATAO        | T2       | Teofila C. Quibranza NHS                             | Tubod East   |
| 63  | Joanah A. Malubay      | T2       | Pigcarangan Integrated School                        | Tubod West   |
| 64  | LOVELY CARE M. BACLAYA | T1       | Rufo Dela Cruz Integrated School                     | Tubod West   |



Republic of the Philippines  
**Department of Education**  
 REGION X  
**SCHOOLS DIVISION OF LANA O DEL NORTE**

**TRAINING MATRIX**

| <b>Strengthened Senior High School Curriculum Training of Teachers for Effective Communication</b> |          |                                                                                                  |                                                                        |                                                                  |
|----------------------------------------------------------------------------------------------------|----------|--------------------------------------------------------------------------------------------------|------------------------------------------------------------------------|------------------------------------------------------------------|
| Time                                                                                               |          | Day 1<br>(June 9, 2026)                                                                          | Day 2<br>(June 10, 2026)                                               | Day 3<br>(June 11, 2026)                                         |
| 8:00 AM                                                                                            | 8:15 AM  | Attendance                                                                                       | MOL                                                                    | MOL                                                              |
| 8:15 AM                                                                                            | 8:30 AM  | OPENING PROGRAM                                                                                  | Session 5: Exploring the EC Curriculum (Part 4)                        | Workshop 1: Lesson Plan Development                              |
| 8:30 AM                                                                                            | 10:00 AM | Session 1: Features of Strengthened SHS and the Instructional Design Framework<br><br>JADE SOLER |                                                                        |                                                                  |
| 10:00 AM                                                                                           | 10:15 AM | Health Break                                                                                     | Health Break                                                           | Health Break                                                     |
| 10:15 AM                                                                                           | 12:00 PM | Session 2: Exploring the EC Curriculum (Part 1)<br><br>FRECEL I. PARINGIT                        | Session 6: Choosing Appropriate Strategies<br><br>JAN MALOU G. BONDAUG | Workshop 2: Workplace Application Plan<br><br>FRECEL I. PARINGIT |
| 12:00 PM                                                                                           | 1:00 PM  | Lunch Break                                                                                      | Lunch Break                                                            | Lunch Break                                                      |
| 1:00 PM                                                                                            | 2:45 PM  | Session 3: Exploring the EC Curriculum (Part 2)<br><br>JANIMA M. RADIA                           | Session 7: Assessing Learning<br><br>KEN CLAUDIE E. LUGATIMAN          | Demonstration Teaching & Feedback Giving<br><br>EPS, PSDS, MTs   |
| 2:45 PM                                                                                            | 3:00 PM  | Health Break                                                                                     | Health Break                                                           | Health Break                                                     |
| 3:00 PM                                                                                            | 5:00 PM  | Session 4: Exploring the EC Curriculum (Part 3)<br><br>JEANY B. RAVAGO                           | Assessing Learning EC<br><br>MARICEL B. COBERO                         | Closing Program                                                  |
| 5:00 PM                                                                                            | 5:15 PM  | (QAME)                                                                                           | (QAME)                                                                 | (QAME) / Post Test                                               |



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| Effectivity    |            | Page |    |



Republic of the Philippines  
**Department of Education**  
 REGION X - NORTHERN MINDANAO

**LISTS OF PARTICIPANTS for the DIVISION TRAINING ON THE IMPLEMENTATION OF THE  
 STRENGTHENED GRADE 11 CURRICULUM  
 (EFFECTIVE COMMUNICATION)**

JUNE 9-11, 2026  
 Maigo Central Elementary School

| School                                   | District          | Name of Participants   |           |
|------------------------------------------|-------------------|------------------------|-----------|
|                                          |                   | Name                   | Position  |
| Bacolod Central Integrated School        | Bacolod           | Charo Mae Bucol        | Teacher 1 |
| Binuni-Demologan NHS                     | Bacolod           | • Ariane M. Latris     | T-II      |
|                                          |                   | • Sweetie E. Maglangit | T-II      |
| Liangnan NHS                             | Bacolod           | • Mylene P. Salveron   | T-II      |
|                                          |                   | • Liezel S. Padayhag   | T-II      |
| Pagayawan IS                             | Bacolod           | Najma H. Ahmad         | T-II      |
| Baloi National High School               | Baloi East        | Melody P. Niez         | T-II      |
| Diosdado Yap Sr. National High School    | Baroy             | Cirila C. Natividad    | T-II      |
| Lanao del Norte NCHS                     | Baroy             | • ARJENE CANOOG        | T-II      |
|                                          |                   | • MARJORIE C. TAGACAY  | T-III     |
|                                          |                   | • JENILOU S. MICULOB   | T-II      |
| Carusa Integrated School                 | Kapagatan West    | Neljun S. Langga       | T-II      |
| Kapatagan NHS                            | Kapatagan Central | • Geniever A. Mejorada | T-I       |
|                                          |                   | • Sharlyn Rodriguez    | T-I       |
|                                          |                   | • Fel Gen Eballe       | T-I       |
| Bansarvil NHS                            | Kapatagan East    |                        |           |
| Placida Mequiabas Mem. NHS (Lapinig NHS) | Kapatagan West    | Aikae Benlot           | TI        |
| Taguitic Integrated School               | Kapatagan West    | Ludjele D. Vicera      | TI        |
| Marcela T. Mabanta NHS                   | Kauswagan         | • ELSIE O. MANUBAG     | T-II      |

|                                                 |              |                                                                                                                                  |                             |
|-------------------------------------------------|--------------|----------------------------------------------------------------------------------------------------------------------------------|-----------------------------|
|                                                 |              | <ul style="list-style-type: none"> <li>JACRIS P. DESPUES</li> <li>DIVINOGRACIO A. MODEQUILLO</li> </ul>                          | T – II<br>T - II            |
| Sultan Dimasangcay Mananggolo Integrated School | Kauswagan    | NORJANAH A. PAURAK                                                                                                               | Teacher II                  |
| Diego H. Patigayon NHS (Mukas NHS)              | Kolambugan   | Gerson Navarro                                                                                                                   | T1                          |
| Geronima Cabrera NHS (Riverside NHS)            | Kolambugan   | <ul style="list-style-type: none"> <li>IVY EUMEL D. BATUCAN</li> <li>MONIQUE BUSRAN</li> </ul>                                   | T-II<br>T-II                |
| Lala NHS                                        | Lala Central | <ul style="list-style-type: none"> <li>Jenny Mae Bagundol</li> <li>Mernell R. Luy</li> <li>Sally C. Gawisao</li> </ul>           | Teacher I<br>T- III<br>T-II |
| Lala Proper IS                                  | Lala North   | Renebeth Mabao                                                                                                                   | T II                        |
| Linamon NHS                                     | Linamon      | Nasrimah Batua-an                                                                                                                | T I                         |
| Samburon Integrated School                      | Linamon      | ROCHEL L. TEOPEZ                                                                                                                 | T2                          |
| Magsaysay NHS                                   | Magsaysay    | Wilfredo A. Quisel                                                                                                               | MT I                        |
| SERGIO P. CERUJALES, JR. NHS                    | Magsaysay    | Louwella Ibabao                                                                                                                  | T2                          |
| Tambacon Integrated School                      | Magsaysay    | Jan Mayeen P. Balangue                                                                                                           | T - I                       |
| Maigo NHS                                       | Maigo        | Manilyn S. Jabutay                                                                                                               | T -II                       |
| ABDUL AZIS LIWALUG NATIONAL HIGH SCHOOL         | Matungao     | <ul style="list-style-type: none"> <li>Nor-aynah T. Gundul</li> <li>Nor Nadiyah M. Mangontawar</li> </ul>                        | T –II<br>T-II               |
| Munai NHS                                       | Munai        | Wedad D. Acmad                                                                                                                   | T-II                        |
| Pendulonan Integrated School                    | Munai        | SITTIE AINAH ALIPIKRE                                                                                                            | T-1                         |
| Nunungan NHS                                    | Nunungan     | MACKNO, AMNANI R.                                                                                                                |                             |
| Pantao Ragat Agro-Ind. HS                       | Pantao Ragat | <ul style="list-style-type: none"> <li>FAISAH BATO</li> <li>NOR-AYN MOHAIMEN</li> </ul>                                          | T-III<br>T-I                |
| Pantar National High School                     | Pantar       | <ul style="list-style-type: none"> <li>Rohaira D. Abbas</li> <li>Hanifah G. Marandang</li> <li>Sitti Hayna S. Maruhom</li> </ul> | T-II<br>T-I<br>T-II         |

|                                                                                                  |              |                                                                                                                            |                          |
|--------------------------------------------------------------------------------------------------|--------------|----------------------------------------------------------------------------------------------------------------------------|--------------------------|
| Poonapiagapo NHS(Annex Matungao NHS)                                                             | Poonapiagapo |                                                                                                                            |                          |
| Salvador NHS (Salvador Trade HS)                                                                 | Salvador     | <ul style="list-style-type: none"> <li>Irene S. Pueblas</li> <li>Melissa Rose R. Sanchez</li> </ul>                        | TII<br>TII               |
| Panoloon NHS                                                                                     | Sapad        | JHONA B. BARGAMENTO                                                                                                        | TII                      |
| Sultan Naga Dimaporo Memorial Integrated School                                                  | SND Central  | <ul style="list-style-type: none"> <li>Aina D. Pandita</li> <li>Jehan G. Sarip</li> <li>Kirsten Chloe C. Cortes</li> </ul> | Teacher I<br>T-II<br>T-I |
| Sultan Ali Dimaporo Memorial IS                                                                  | SND East     | <ul style="list-style-type: none"> <li>Mohmin H. Gumampo</li> <li>Abobacar C. Buat</li> <li>Waffah A. Maratabat</li> </ul> | T II<br>T II<br>T I      |
| Andres Bersales, Sr. Nat'l. HS (Pandanan NHS)                                                    | SND West     | <ul style="list-style-type: none"> <li>Raisalam Y. Moahammad</li> <li>Raisalam Abdul</li> </ul>                            | Teacher II<br>Teacher II |
| Tagoloan NHS                                                                                     | Tagoloan     | <ul style="list-style-type: none"> <li>Monaliza P. Panontongan</li> <li>Saimah M Saidali</li> </ul>                        | Teacher II<br>TII        |
| Tangcal NHS (Annex Magsaysay NHS)                                                                | Tangcal      | <ul style="list-style-type: none"> <li>Raihana M. Mutia</li> <li>Sohaila P. Abdulrahman</li> </ul>                         | Teacher II<br>T-I        |
| Arsenio A. Quibranza NHS (LNNAIHS)                                                               | Tubod East   | ARIEL A. SANTOS                                                                                                            | T-1                      |
| Dalama Integrated School                                                                         | Tubod East   | GLADYJIE P. SABELLANO                                                                                                      | TEACHER 2                |
| Lanao del Norte Provincial Science and Technology HS (former Malingao NHS (Annex New Pualas NHS) | Tubod East   | Hapza M. Laxaman                                                                                                           | Teacher II               |
| Teofila C. Quibranza NHS (New Pualas NHS)                                                        | Tubod East   | NOTCHE B. LAGO                                                                                                             | TEACHER 3                |
| Pigcarangan Integrated School                                                                    | Tubod West   | Rey E. Sumobay                                                                                                             | Teacher II               |
| Rufo Dela Cruz Integrated School                                                                 | Tubod West   | JANICA MHYTHA T. ARIAS                                                                                                     | Teacher I                |
| Masibay Integrated School                                                                        |              | Glindel Rose C. Canillas                                                                                                   |                          |

Prepared by;

**JANE CHARITY M. ESTRADA**  
EPS in ENGLISH



Republic of the Philippines

# Department of Education

NATIONAL EDUCATORS ACADEMY OF THE PHILIPPINES

## TRAINING MATRIX

### Strengthened Senior High School Curriculum Training of Teachers for General Science

| TRAINING MATRIX                                                                     |          |                                                                                                                                                                                                                                                               |                                                                                                                    |                                                                                            |
|-------------------------------------------------------------------------------------|----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|
| Strengthened Senior High School Curriculum Training of Teachers for General Science |          |                                                                                                                                                                                                                                                               |                                                                                                                    |                                                                                            |
| Time                                                                                |          | Day 1                                                                                                                                                                                                                                                         | Day 2                                                                                                              | Day 3                                                                                      |
| 7:30 AM                                                                             | 8:00 AM  | REGISTRATION and ATTENDANCE                                                                                                                                                                                                                                   |                                                                                                                    |                                                                                            |
| 8:00 AM                                                                             | 8:15 1M  | <b>OPENING PROGRAM</b> <ul style="list-style-type: none"><li>• Singing of the Philippine National Anthem</li><li>• DepEd Prayer</li><li>• Zumba Exercise</li><li>• Presentation of the Participants, Resource Speakers, and Program Management Team</li></ul> | <b>MOL</b><br>(Physics Group)                                                                                      | <b>MOL</b><br>(Biology Group)                                                              |
| 8:15 AM                                                                             | 8:30 AM  |                                                                                                                                                                                                                                                               | Message of Encouragement and Guidance<br><br><b>ROWENA E. LONTAYAO, EdD</b><br>EPS-Science                         | Message of Encouragement and Guidance<br><br><b>ROWENA E. LONTAYAO, EdD</b><br>EPS-Science |
| 8:30 AM                                                                             | 8:45 AM  | Statement of Purpose, Welcome Address, and Message of Inspiration<br><br><b>ROWENA E. LONTAYAO, EdD</b><br>EPS-Science                                                                                                                                        | Session 4:<br>Exploring the BIOLOGY Curriculum<br><br><b>HANIRA M. TOMANOR</b>                                     | Continuation of Session 7<br><br><b>BIEN D. LUSTE, JR.</b>                                 |
| 8:45 AM                                                                             | 9:00 AM  |                                                                                                                                                                                                                                                               |                                                                                                                    | Continuation of Session 7<br><br><b>BIEN D. LUSTE, JR.</b>                                 |
| 9:00 AM                                                                             | 9:15 AM  | Session 1:<br>Features of Strengthened SHS and the Instructional Design Framework<br><br><b>KIP AIZA F. GABAWA</b>                                                                                                                                            |                                                                                                                    | Workshop 1:<br>Lesson Plan Development<br><br><b>LOID JAY B. KADILE</b>                    |
| 9:15 AM                                                                             | 9:30 AM  |                                                                                                                                                                                                                                                               |                                                                                                                    |                                                                                            |
| 9:30 AM                                                                             | 9:45 AM  | Session 1:<br>Features of Strengthened SHS and the Instructional Design Framework<br><br><b>KIP AIZA F. GABAWA</b>                                                                                                                                            |                                                                                                                    | Workshop 1:<br>Lesson Plan Development<br><br><b>LOID JAY B. KADILE</b>                    |
| 9:45 AM                                                                             | 10:00 AM |                                                                                                                                                                                                                                                               | Session 1:<br>Features of Strengthened SHS and the Instructional Design Framework<br><br><b>KIP AIZA F. GABAWA</b> |                                                                                            |
| 10:00 AM                                                                            | 10:15 AM | Session 1:<br>Features of Strengthened SHS and the Instructional Design Framework<br><br><b>KIP AIZA F. GABAWA</b>                                                                                                                                            |                                                                                                                    | Workshop 1:<br>Lesson Plan Development<br><br><b>LOID JAY B. KADILE</b>                    |
| 10:15 AM                                                                            | 10:30 AM |                                                                                                                                                                                                                                                               | Session 1:<br>Features of Strengthened SHS and the Instructional Design Framework<br><br><b>KIP AIZA F. GABAWA</b> |                                                                                            |
| 10:30 AM                                                                            | 10:45 AM | Session 1:<br>Features of Strengthened SHS and the Instructional Design Framework<br><br><b>KIP AIZA F. GABAWA</b>                                                                                                                                            |                                                                                                                    | Workshop 1:<br>Lesson Plan Development<br><br><b>LOID JAY B. KADILE</b>                    |
| 10:45 AM                                                                            | 11:00 AM |                                                                                                                                                                                                                                                               | Session 1:<br>Features of Strengthened SHS and the Instructional Design Framework<br><br><b>KIP AIZA F. GABAWA</b> |                                                                                            |
| 11:00 AM                                                                            | 11:15 AM | Session 1:<br>Features of Strengthened SHS and the Instructional Design Framework<br><br><b>KIP AIZA F. GABAWA</b>                                                                                                                                            |                                                                                                                    | Workshop 1:<br>Lesson Plan Development<br><br><b>LOID JAY B. KADILE</b>                    |
| 11:15 AM                                                                            | 11:30 AM |                                                                                                                                                                                                                                                               | Session 1:<br>Features of Strengthened SHS and the Instructional Design Framework<br><br><b>KIP AIZA F. GABAWA</b> |                                                                                            |
| 11:30 AM                                                                            | 11:45 AM | Session 1:<br>Features of Strengthened SHS and the Instructional Design Framework<br><br><b>KIP AIZA F. GABAWA</b>                                                                                                                                            |                                                                                                                    | Workshop 1:<br>Lesson Plan Development<br><br><b>LOID JAY B. KADILE</b>                    |
| 11:45 AM                                                                            | 12:00 AM |                                                                                                                                                                                                                                                               | Session 1:<br>Features of Strengthened SHS and the Instructional Design Framework<br><br><b>KIP AIZA F. GABAWA</b> |                                                                                            |
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|                                                                                     |          | Session 1:<br>Features of Strengthened SHS and the Instructional Design Framework<br><br><b>KIP AIZA F. GABAWA</b>                                                                                                                                            |                                                                                                                    | Workshop 1:<br>Lesson Plan Development<br><br><b>LOID JAY B. KADILE</b>                    |
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| 12:00 PM | 1:00 PM | LUNCH TIME BREAK                                                          |                                                                        |                                                                                                                                                        |                                                           |
| 1:00 PM  | 1:15 PM | MOL<br>(PMT's)                                                            | MOL<br>(Chemistry Group)                                               | MOL<br>(Earth and Space Group)                                                                                                                         |                                                           |
| 1:15 PM  | 1:30 PM | Continuation of Session 2<br><br>ANJO F. DOZANO                           | Continuation of Session 5<br><br>GERLETT GRACE D. NALLANO              | Continuation of Workshop 2<br><br>DELIA S. NOBLEZA                                                                                                     |                                                           |
| 1:30 PM  | 1:45 PM |                                                                           |                                                                        | Workshop 3:<br>Workplace Application Plan<br><br>SAIMAH M. HADJI SHAEEF                                                                                |                                                           |
| 1:45 PM  | 2:00 PM |                                                                           | Session 6:<br>Choosing Appropriate Strategies<br><br>CLIFTON C. DUAVIS |                                                                                                                                                        |                                                           |
| 2:00 PM  | 2:15 PM |                                                                           | POST TEST and END-OF-DAY EVALUATION                                    |                                                                                                                                                        |                                                           |
| 2:15 PM  | 2:30 PM |                                                                           |                                                                        |                                                                                                                                                        |                                                           |
| 2:30 PM  | 2:45 PM | Session 3:<br>Exploring the CHEMISTRY Curriculum<br><br>JUVY ANN L. ABABA |                                                                        |                                                                                                                                                        |                                                           |
| 2:45 PM  | 3:00 PM | HEALTH BREAK                                                              |                                                                        |                                                                                                                                                        |                                                           |
| 3:00 PM  | 3:15 PM | HEALTH BREAK                                                              |                                                                        |                                                                                                                                                        |                                                           |
| 3:15 PM  | 3:30 PM | Continuation of Session 2<br><br>JUVY ANN L. ABABA                        | Continuation of Session 6<br><br>CLIFTON C. DUAVIS                     | CLOSING PROGRAM<br><br>• Prayer<br>• Closing Remarks<br>• Gesture of Appreciation<br>• Recognition and Awarding of Certificates<br>• Photo Opportunity |                                                           |
| 3:30 PM  | 3:45 PM |                                                                           |                                                                        |                                                                                                                                                        | Session 7<br>Assessing Learning<br><br>BIEN D. LUSTE, JR. |
| 3:45 PM  | 4:00 PM |                                                                           |                                                                        |                                                                                                                                                        |                                                           |
| 4:00 PM  | 4:15 PM |                                                                           |                                                                        |                                                                                                                                                        |                                                           |
| 4:15 PM  | 4:30 PM |                                                                           | END-OF-DAY EVALUATION                                                  |                                                                                                                                                        | PMT DEBRIEFING                                            |
| 4:30 PM  | 4:45 PM | END-OF-DAY EVALUATION                                                     |                                                                        |                                                                                                                                                        |                                                           |
| 4:45 PM  | 5:00 PM | PMT DEBRIEFING                                                            |                                                                        |                                                                                                                                                        |                                                           |
| 5:00 PM  | 5:15 PM | PMT DEBRIEFING                                                            |                                                                        |                                                                                                                                                        |                                                           |
| 5:15 PM  | 6:00 PM | PMT DEBRIEFING                                                            |                                                                        |                                                                                                                                                        |                                                           |

**GENERAL SCIENCE (SENIOR HIGH SCHOOL)**

|    |                                                 |                   |                            |             |
|----|-------------------------------------------------|-------------------|----------------------------|-------------|
| 1  | Bacolod Central Integrated School               | Bacolod           | LEIZL H. MONCADA           | T-I         |
| 2  | Binuni-Demologan NHS                            | Bacolod           | CRESEL GRACE T. CARGAMENTO | T-II        |
| 3  | Liangnan NHS                                    | Bacolod           | Rea Melissa E. Maribao     | T-I         |
| 4  | Pagayawan IS                                    | Bacolod           | Romaisa H. Ali             | T-I         |
| 5  | Baloi National High School                      | Baloi East        | Princess Angelika O. Pista | SPST-I      |
| 6  | Diosdado Yap Sr. National High School           | Baroy             | Robert M. Manubag          | T-II        |
| 7  | <b>Lanao del Norte NCHS</b>                     | <b>Baroy</b>      | <b>AICY E. NERMAL</b>      | <b>T-II</b> |
| 8  | Carusa Integrated School                        | Kapagatan West    | Charity May D. Alvarez     | T-II        |
| 9  | Kapatagan NHS                                   | Kapatagan Central | Guillermo Sacasan Jr.      | T-II        |
| 10 | Bansarvil NHS                                   | Kapatagan East    | Edette P. Lumacad          | T-II        |
| 11 | Placida Mequiabas Mem. NHS (Lapinig NHS)        | Kapatagan West    | Janima Hadjinor            | TI          |
| 12 | Taguitic Integrated School                      | Kapatagan West    | Bernie B. Sapong           | TII         |
| 13 | Marcela T. Mabanta NHS                          | Kauswagan         | NORAIDA R. MANGORA         | T - I       |
| 14 | Sultan Dimasangcay Mananggolo Integrated School | Kauswagan         | JANISAH L. ALIMONA         | Teacher I   |
| 15 | Diego H. Patigayon NHS (Mukas NHS)              | Kolambugan        | Settie Hayya Papandayan    | TII         |
| 16 | Geronima Cabrera NHS (Riverside NHS)            | Kolambugan        | RITCHEL L. MARCERA         | T-II        |
| 17 | Lala NHS                                        | Lala Central      | Mae Lourdes A. Enad        | T-II        |

|    |                                                 |              |                                 |            |
|----|-------------------------------------------------|--------------|---------------------------------|------------|
| 18 | Lala Proper IS                                  | Lala North   | Wellie Ancis                    | T II       |
| 19 | Linamon NHS                                     | Linamon      | Jay-Ar L. Villariaz             | SST I      |
| 20 | Samburon Integrated School                      | Linamon      | Trisha Melrose M. Aguinid       | T1         |
| 21 | Magsaysay NHS                                   | Magsaysay    | Loida M. Canonigo               | MT I       |
| 22 | Tambacon Integrated School                      | Magsaysay    | Celshe May I. Jumapit           | t - i      |
| 23 | Maigo NHS                                       | Maigo        | Charlene Mae B. Cabasag         | T - I      |
| 24 | ABDUL AZIS LIWALUG NATIONAL HIGH SCHOOL         | Matungao     | Sittie M. Slrad                 | T - I      |
| 25 | Munai NHS                                       | Munai        | Asmarah Ampaso                  |            |
| 26 | Pendulonan Integrated School                    | Munai        | NORHATA MANAN                   | T-II       |
| 27 | Nunungan NHS                                    | Nunungan     | Asar R. Sultan                  | T-3        |
| 28 | Pantao Ragat Agro-Ind. HS                       | Pantao Ragat | NASHIMA HADJI NOOR              | T-III      |
| 29 | Pantar National High School                     | Pantar       | Nasrifah D. Abdulazis           | T-II       |
| 30 | Salvador NHS (Salvador Trade HS)                | Salvador     | Elleda Mae Licanda              | TII        |
| 31 | Panoloan NHS                                    | Sapad        | MARIENE WILLA MAY J. BULAYBULAY | TIII       |
| 32 | Sultan Naga Dimaporo Memorial Integrated School | SND Central  | Sittie Naidah H. Bokharie       | Teacher I. |
| 33 | Sultan Ali Dimaporo Memorial IS                 | SND East     | Adanie A. Arumpac               | Teacher II |

|    |                                                                                                  |                   |                             |             |
|----|--------------------------------------------------------------------------------------------------|-------------------|-----------------------------|-------------|
| 34 | Andres Bersales, Sr. Nat'l. HS (Pandanán NHS)                                                    | SND West          | Charity M. Baylon           | Teacher I   |
| 35 | Tagoloan NHS                                                                                     | Tagoloan          | Saimah M. Saidali           | T-II        |
| 36 | Tangcal NHS (Annex Magsaysay NHS)                                                                | Tangcal           | Cheryll I. Balanay          | T-III       |
| 37 | Arsenio A. Quibranza NHS (LNNAIHS)                                                               | Tubod East        | Rosalie B. Morales          | T-II        |
| 38 | Lanao del Norte Provincial Science and Technology HS (former Malingao NHS (Annex New Pualas NHS) | Tubod East        | Rey A. Cantel               | TII         |
| 39 | Bacolod Central Integrated School                                                                | Bacolod           | GRETCHEL E. RODA            | T-1         |
| 40 | Binuni-Demologan NHS                                                                             | Bacolod           | ANGELO T. BASMAYOR          | T-II        |
| 41 | Liangán NHS                                                                                      | Bacolod           | Kristinne Anne A. Tejano    | SHS T-II    |
| 42 | <b>Lanao del Norte NCHS</b>                                                                      | <b>Baroy</b>      | <b>GLADYS MAE S. OQUINA</b> | <b>T-II</b> |
| 43 | Kapatagan NHS                                                                                    | Kapatagan Central | Jucip Natividad             | T-II        |
| 44 | Bansarvil NHS                                                                                    | Kapatagan East    | Mie A. Armpal               | T-II        |
| 45 | Lala NHS                                                                                         | Lala Central      | Hidaya Sadic                | T-II        |
| 46 | Lala NHS                                                                                         | Lala Central      | Jefrey Tamparong            | T-III       |
| 47 | Maigo NHS                                                                                        | Maigo             | Vanessa C. Puyat            | T-II        |
| 48 | Pantao Ragat Agro-Ind. HS                                                                        | Pantao Ragat      | AMRIHA BANI                 | T-I         |
| 49 | Pantar NHS                                                                                       | Pantao Ragat      | Jamilah M. Tonto            | T-II        |
| 50 | Pantao Ragat Agro-Ind. HS                                                                        |                   | JALILA LOMINO               | T-I         |
| 51 | Pantar NHS                                                                                       |                   | Aisa L. Amal                | T-I         |
| 52 | Tagoloan NHS                                                                                     | Tagoloan          | Maylin C Mahinay            | T-I         |
| 53 | Salvador NHS (Salvador Trade HS)                                                                 | Salvador          | Merry Cris A. Puenliona     | T-2         |
| 54 | Salvador NHS (Salvador Trade HS)                                                                 | Salvador          | Cherry Mae P. Mission       | T-II        |

|              |                                           |                |                         |            |
|--------------|-------------------------------------------|----------------|-------------------------|------------|
| 55           | Teofila C. Quibranza NHS (New Pualas NHS) | Tubod East     | RUMTON S. ABENES        | TEACHER 1  |
| 56           | Pigcarangan Integrated School             | Tubod West     | Gregg Michael S. Noval  | Teacher II |
| 57           | Rufo Dela Cruz Integrated School          | Tubod West     | ED SHAMINITH DELA TORRE | TEACHER I  |
| 58           | Rufo Dela Cruz Integrated School          | Tubod West     | DANIELLE ROSE B RAGPALA | Teacher I  |
| 59           | Andres Bersales Sr. National High School  | kapatagan West | Ronald O. Mecong        | T-I        |
| 60           | Masibay Integrated School                 | Nunungan       | Ace T. Suganob          | T3         |
| 61           | Tangcal IS                                | Tangcal        | Jamal O. Andor          | T-III      |
| 62           | Pendulonan Integrated School              | Munai          | ARMIDA LIMANO           | T-I        |
| 63           | Sultan Ali Dimaporo Memorial IS           | SND            | Lestlie Joy P. Ligutom  | Teacher II |
| 64           | Lanao del Norte NCHS                      | Baroy          | CRISLYN O. REGIS        | T-II       |
| Participants |                                           | 64             |                         |            |
| Speakers     |                                           | 10             |                         |            |
| Total        |                                           | 74             |                         |            |
|              |                                           |                |                         |            |