



Department of Education  
Region X-Northern Mindanao  
**LANAO DEL NORTE DIVISION**  
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**DIVISION MEMORANDUM:**

No. 073s. 2022

**TO:** Education Program Supervisors  
Public Schools District Supervisors/Coordinating Principals  
Elementary and Secondary School Principals/School In-Charge  
All Others Concerned  
*This Division*

**FROM:** EDILBERTO L. OPLENARIA, CESO V  
Schools Division Superintendent *EDL*

**DATE:** February 14, 2022

**SUBJECT: SUBMISSION OF GALAW PILIPINAS PROMOTIONAL VIDEOS IN ALL PUBLIC ELEMENTARY AND SECONDARY SCHOOLS**

1. Pursuant to Regional Memorandum No. 73, s. 2022 entitled, ***Submission of "Galaw Pilipinas Promotional Videos"*** and in support of (D.O No. 60 s. 2021) DepEd's National Calisthenics Exercise Program, this Office through the Curriculum Implementation Division (CID), directs all public elementary, junior and senior high schools, to submit their **Promotional Dance Videos** on or before Feb. 28, 2022.
2. The program aims to:
  - a. promote an active lifestyle for Filipinos that will benefit both their physical and socio-emotional well-being;
  - b. improve strength, flexibility, cardio-vascular endurance, coordination and balance;
  - c. enhance cultural awareness by integration Philippine culture in the calisthenics exercises; and
  - d. inculcate nationalism, unity, and discipline.
3. The activity shall be participated by the school heads, teachers, learners (with consent) and the entire school community. Likewise, you are advised to wear comfortable clothes when performing

Galaw Pilipinas like P.E Uniforms (If available) or jogging pants, t-shirts, rubber shoes, and school DepEd polo shirts or school uniforms for teachers.

4. Galaw Pilipinas promotional and tutorial videos may be accessed through this link:  
<https://tinyurl.com/DepED-Galaw-Pilipinas>.
5. To highlight the said program, all participating schools that can produce the best promotional video will be awarded based on the attached mechanics and criteria.
6. The contest facilitators shall meet at Manga Integrated School, Kolambugan District on March 1, 2022, 8:00 in the morning.
7. The school are encouraged to observe proper health and safety protocols instituted by the Inter-Agency Task Force (IATF) during the practice/activity.
8. Enclosed is the list of the board of judges, facilitators and mechanics.
9. Expenses incurred during the activity shall be charged to local funds/MOOE, subject to the usual accounting and auditing rules and regulations.
10. Immediate dissemination and compliance of this Memorandum is desired.

Enclosure to DM No.\_\_\_\_, s. 2022

## **GALAW PILIPINAS PROMOTIONAL VIDEO MECHANICS/LIST OF FACILITATORS**

### **A. Eligibility:**

1. The contest is open to all public elementary, junior high school and senior high school of this Division.
2. The participating team must be bonafide students and employees of the school he/she represents and must be physically in good condition.

### **B. Composition of the participating team:**

1. There are three (3 categories) for every participating school.
  - Learners Category (elementary, JHS or SHS) – Minimum of 15 and maximum of 20 performers
  - Teachers Category(including School Head& Staff) – Minimum of 10 and maximum of 20 performers
2. The team shall be composed of all male, all female, or a combination.

### **C. Contest Format:**

1. In compliance with the IATF rules prohibiting the conduct of social gatherings and face-to-face activities, the Galaw Pilipinas Promotional Video shall be done **via online modality**.
2. The format of the contest shall be a single round performance of all the participating teams which will be judged based on the criteria set in the guidelines. The team with **BEST** video performance shall receive Certificate of Recognition including the runners-up.

### **D. Entries:**

1. The team shall strictly use the official music and steps of "Galaw Pilipinas" without inserting another song or music. The participants are given the leeway to enhance the choreography of the dance as long as the original steps will not be changed. Violation of this mechanic is subject to disqualification.
2. Use of stage props, or any paraphernalia and/or apparatus shall not be allowed.
3. Stunts and other forms of acrobatic stunts such as pyramids, lifts, throws, among others that will cause any harm or accident during the performance are highly discouraged.
4. **Video entries** must be shot horizontally (landscape mode) and must clearly cover the totality of the performance (performers' movements, routine, etc) and recording must be in **.mov, mp4, or avi format**.
5. Editing of videos (splicing, stitching, application of visual effects) is allowed. Video performance must be submitted on or before February 28, 2022 at this link: <https://galawpilipinas.wordpress.com/>
6. The school gym, stage, playground that is free from any protruding objects and posing no danger shall be utilized by the participating teams as their venue for trainings or rehearsals, and actual shooting or recording of their entry.



7. The venue shall comply with the existing guidelines on the current risk level category being enforced by its local IATF.

#### E. CRITERIA FOR JUDGING:

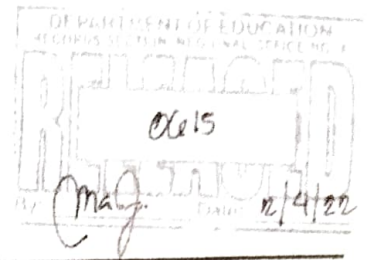
* <b>PERFORMANCE</b> (energy, proper execution of steps, synchronization, projection)	<b>35%</b>
• <b>Choreography</b> (creativity, routine staging)	<b>35%</b>
• <b>Over-all impact of the performance</b> ( showmanship, synergy, composure, focus)	<b>30%</b>
<b>TOTAL</b>	<b>100%</b>

#### LIST OF FACILITATORS:

<b>NAME</b>	<b>ROLE</b>	<b>SCHOOL/OFFICE</b>
RAUL P. ABELLA	JUDGE-SECONDARY	LIBERTAD ES
ALVIN C. PEREZ	JUDGE-SECONDARY	LIANGAN WEST ES
BELEN E. GENERALAO	JUDGE-SECONDARY	MABATAO ES
LITO BOCA	JUDGE-ELEMENTARY	HILARION T. FELICIANO ES
DENNIS B. DOZANO	JUDGE-ELEMENTARY	DIVISION OFFICE
ROTSSEN V. ESCORIAL	JUDGE-ELEMENTARY	KAPATAGAN NHS
EDWARD A. TARUC	FACILITATOR-TECHNICAL	SERGIO P. CERUJALES NHS
JHUNJIE B. MONERA	FACILITATOR-TECHNICAL	MAMAGUM IS
GEE VAN TROY S. ENSENDENCIA	FACILITATOR-DOCUMENTATION	DALAMA IS
IRENEO G. RONDRIQUE	FACILITATOR-CERTIFICATES	TAGUITIC IS
JOMARTHY J. LERASAN	FACILITATOR-FORMS	CARUSA IS
ROBIN L. TABAR	OVER-ALL CHAIRMAN	DIVISION



Republic of the Philippines  
**Department of Education**  
REGION X – NORTHERN MINDANAO



Office of the Regional Director

February 3, 2022

REGIONAL MEMORANDUM

No. 73, s. 2022

**SUBMISSION OF GALAW PILIPINAS PROMOTIONAL VIDEOS**

To: Assistant Regional Director  
Schools Division Superintendents  
Assistant Schools Division Superintendents  
All Others Concerned

1. About the upcoming virtual launch of *Galaw Pilipinas*, as DepEd's National Calisthenics Exercise Program, on February 14, the Schools Division Offices (SDOs) shall submit their promotional dance videos to the Regional Office (RO) at [pauro@deped.gov.ph](mailto:pauro@deped.gov.ph), not later than February 7, at 3:00 p.m., to meet the Central Office's (CO) deadline.

2. The participants, spearheaded by their schools division superintendents and assistant schools division superintendents, may also include select divisional officials and staff, school heads and teachers, and students (with consent and only if applicable).

3. For guidance, please access the instructional video at the following link:

<https://www.youtube.com/watch?v=DepED-Galaw-Pilipinas>

  
**DR. ARTURO B. BAYOCOT, CESO III**  
Regional Director

ORD-PAU/moon



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