



Republic of the Philippines
Department of Education
Region X – Northern Mindanao
DIVISION OF LANA DEL NORTE
Gov. A. Quibranza Prov'l. Gov't. Compound
Pigcarangan, Tubod Lanao del Norte
(063)227 – 6633, (063)341 – 5109
lanao.norte@deped.gov.ph



DIVISION MEMORANDUM

No. 428 s. 2021

TO : Assistant Schools Division Superintendent
Chief Education Supervisor, SGOD
Chief Education Supervisor, CID
Schools Governance Operations Division Personnel
PSDSes and School Heads
District Nurses
All Others Concerned
This Division

FROM : *[Signature]*
EDILBERTO L. OPLENARIA, CESO V
Schools Division Superintendent

SUBJECT : **SCHEDULED/SUGGESTED ACTIVITIES DURING THE ONE HEALTH WEEK CELEBRATION ON 6-11 SEPTEMBER 2021**

DATE : September 2, 2021

1. Pursuant to OUA MEMO 00-0821-0064 from the Undersecretary for Administration Office through the Bureau of Learner Support Services-School Health Division (BLSS-SHD), this Office supports the One Health Week celebration with the theme “Bayanihan para sa Kalusugan: OK sa DepEd, sa Paaralan at sa Tahanan” on September 6-11, 2021.
2. The said activity aims to showcase the Oplan Kalusugan sa DepEd’s (OK sa DepEd) flagship programs:
 - a) Medical, Dental and Nursing Services, including the School Dental Health Care Program (SDHCP);
 - b) Water, Sanitation, and Hygiene (WASH) in Schools (WinS) Program;
 - c) School-Based Feeding Program (SBFP)
 - d) Adolescent Reproductive Health (ARH) Program;
 - e) School Mental Health Program; and
 - f) National Drug Education Program (NDEP)
3. All schools and offices are directed to virtually participate in the scheduled national activities and field activities on this week long celebration that will be streamed via the official social media pages of the Central Office and cross-posted in the social media pages of DepEd Region X.

#GO100



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4. The 27 identified recipients of the School Medical and Dental Clinics who will join the virtual simultaneous inauguration are instructed to observe the required health standards based on the latest updates of the Department of Health and the IATF COVID-19. Maximum of 5 attendees of each School Dental Health Care Program beneficiary schools are allowed during the ceremony.
5. Attached is the copy of OUA MEMO 00-0821-0064 for reference.
6. Immediate dissemination of and strict compliance with this Memorandum is directed.





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Republika ng Pilipinas

Kagawaran ng Edukasyon

Tanggapan ng Pangalawang Kalihim

OUA MEMO 00-0821-0218

MEMORANDUM

25 August 2021

For: **Regional Directors and BARMM Education Minister
Schools Division Superintendents
Regional and Division OKD Coordinators
Regional and Division Coordinators
of School Health and Nutrition Programs
All PSDSes and School Heads
All Others Concerned**

Subject: **SCHEDULED/SUGGESTED ACTIVITIES DURING THE ONE
HEALTH WEEK CELEBRATION ON 6-11 SEPTEMBER 2021**

1. The Department of Education, through the Bureau of Learner Support Services-School Health Division (BLSS-SHD), will celebrate the **One Health Week¹** on September 6-11, 2021 to showcase DepEd's flagship programs under the *Oplan Kalusugan sa DepEd (OK sa DepEd)*:
 - a. Medical, Dental, and Nursing Services, including the School Dental Health Care Program (SDHCP);
 - b. Water, Sanitation, and Hygiene (WASH) in Schools (WinS) Program;
 - c. School-Based Feeding Program (SBFP);
 - d. Adolescent Reproductive Health (ARH) Program;
 - e. School Mental Health Program; and
 - f. National Drug Education Program (NDEP).
2. The theme for the celebration is "*Bayanihan para sa Kalusugan: OK sa DepEd, sa Paaralan, at sa Tahanan,*" emphasizing how partnerships for school health are essential to support the new school year that will remain under the "new normal" set-up.

¹ Pursuant to DepEd Order No. 28, s. 2018 titled *Policy and Guidelines on Oplan Kalusugan sa Department of Education (OK sa DepEd)* and DepEd Order No. 29, s. 2021 titled *School Calendar and Activities for School Year 2021-2022*; The One Health Week Celebration is conducted yearly at the beginning of the school year to mobilize the school community and promote collaboration with partners and stakeholders at each governance level especially in schools. Kick-off activities are done for each program via delivery of age-appropriate health services, orientation of stakeholders, exhibits and the like. Due to the COVID-19 restrictions, this year's celebration shall be done mostly via virtual events.



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of Major Programs

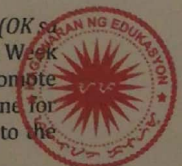


Office of the Undersecretary for Administration (OUA)

[Administrative Service (AS), Information and Communications Technology Service (ICTS), Disaster Risk Reduction and Management Service (DRRMS), Bureau of Learner Support Services (BLSS), Baguio Teachers Camp (BTC), Central Security & Safety Office (CSSO)]

Department of Education, Central Office, Meralco Avenue, Pasig City
Rm 519, Mabini Bldg.; Mobile: +639260320762; Tel: (+632) 86337203, (+632) 86376207

Email: usec.admin@deped.gov.ph; Facebook/Twitter @depedtayog



3. Each day of the One Health Week will showcase a set of activities that focus on a specific *OK sa DepEd* flagship program.
 - a. Scheduled activities coordinated by the Central Office, through the BLSS-SHD, will provide key updates and launch key initiatives under each *OK sa DepEd* flagship program, especially given the current situation of the basic education sector.
 - i. The schedule of the activities is fixed. All DepEd personnel, learners, partners, and other stakeholders are invited to virtually participate in these national activities that will be streamed via the official social media pages of the Central Office and cross-posted in the social media pages of the Regional Offices (ROs).
 - ii. Schools Division Offices (SDOs) and schools are enjoined to share the livestream of the said activities in their respective social media pages as scheduled.
 - b. Suggested activities to be coordinated by the ROs and SDOs nationwide, through their respective School Health and Nutrition (SHN) Units/Sections, intend to promote the regions'/divisions' respective health and nutrition initiatives for the schools and the learners in their respective jurisdictions, and how such initiatives ensure the health, safety, and well-being of the learners especially amid the pandemic.
 - i. Suggested activities may be modified depending on the respective contexts of the ROs or the SDOs. ROs and SDOs are encouraged to livestream their activities in their respective social media pages.
 - ii. The field is enjoined to hold the suggested activities in the recommended timeslots so as not to overlap with the scheduled activities coordinated by the Central Office.
4. The overview of the scheduled national activities and suggested field activities is shown below. Refer to the Annexes for the details of each activity, including the latest draft program for each activity as well as the requested/recommended preparations for the field for the activities. Changes in the program or any additional requests/recommended preparations may be communicated separately by the respective program coordinators.

Date/Flagship Program	Scheduled National Activities	Suggested Field Activities
6 September 2021 Medical, Dental, and Nursing Services	10:00 am – 12:00 nn Kickoff of the One Health Week and Simultaneous Inauguration and Opening of School Medical and Dental Clinics and Launch of	1:30 – 04:30 pm Division Webinar on Telehealth (Annex B)



	School Dental Health Care Program (Annex A)	
7 September 2021 WinS	3:00 – 4:35 pm For the WinS: Schools Reaching for the Stars (Launch of the First WinS Seal of Excellence Award) (Annex C)	1:30 – 3:00 pm SDO for the WinS: Schools Developing Opportunities for the WinS (A Webinar on the Role of the WinS Program in Time of the COVID-19 Pandemic) (Annex D)
8 September 2021 SBFP	1:30 – 3:00 pm National Launch of the SBFP 2021-2022 (Annex E)	3:00 – 4:40 pm Regional Launch of the SBFP 2021-2022 (Annex F)
9 September 2021 ARH (Annex G)	1:00 – 3:00 pm National Launch of the CSE-ARH Convergence	3:00 – 5:00 pm (For CSE-ARH Convergence Pilot Sites) Regional Launch of the CSE-ARH Convergence 3:00 – 5:00 pm (For non-pilot sites) Konektado Tayo: Webinar on Adolescent Sexuality and Development for Parents and Learners
10 September 2021 School Mental Health	1:00 – 2:30 pm Webinar on School Mental Health Initiatives and Ceremonial Observance of the World Suicide Prevention Day (Annex H)	3:00 – 4:00 pm Virtual Activity on the Observance of World Suicide Prevention Day (Annex I)
10 September 2021	6:00 – 8:00 pm Private Dinner-Fellowship (Annex J)	-
11 September 2021 NDEP (Annex K)	9:00 – 11:00 am Webinar on Strengthening the Implementation of NDEP in Schools	2:00 – 3:00 pm Virtual Activity for NDEP
11 September 2021	4:00 – 6:00 pm Closing Program of the One Health Week (Annex L)	-

5. Required health standards, based on the latest updates of the Department of Health and relevant authorities, shall be observed at all times. Refer to the DepEd Task Force COVID-19 (DTFC) Memorandum No. 464 titled *Reiteration of Corresponding Work-Related Guidelines per Community Quarantine Classification and Ensuring Observance of Strict Health Measures in Work Settings in View of the Threat of Delta Variant Transmission*.
6. Resources that may be used for the celebration, including soft copies of virtual and print collaterals, may be accessed at <https://bit.ly/2021okdonehealthweek>. These resources include the virtual background and presentation templates that may be used during the activity.
7. Funding for the RO- and SDO-led activities during the One Health Week are chargeable against the funds downloaded to the ROs and the SDOs, with guidelines stipulated in **OUA Memorandum No. 00-0821-0190** (*Guidelines*



on the Utilization of Downloaded Program Support Funds for the Conduct of the Oplan Kalusugan sa DepEd (OKD) Activities Including One Health Week). ROs and SDOs are enjoined to augment for any other needs that may not be sufficiently covered by the downloaded funds. As a core strategy of OKD, forming of partnerships to support the conduct of the activities is highly encouraged.

8. The specific concerns for the activities under each flagship program may be coordinated through email at okd@deped.gov.ph, CC the following coordinators:

Flagship Program	Contact Person
Medical, Dental, Nursing/SDHCP	Dr. Cynthia D. Coronado, dental@deped.gov.ph
WinS	Vonerich B. Berba, wins@deped.gov.ph
SBFP	Ferdinand M. Nuñez, sbfp.milk@deped.gov.ph
ARH	Lien Ivy C. Callado, arh@deped.gov.ph
School Mental Health	Gian Erik M. Adao, schoolmentalhealth@deped.gov.ph
NDEP	Girlie G. Azurin, ndep@deped.gov.ph

9. For more information about this concern, please contact Dr. Maria Corazon C. Dumlao, Ms. Belinda C. Beltran, or Mr. Gian Erik Adao, BLSS-SHD, through (02) 8632-9935, MS Teams, or email at okd@deped.gov.ph.

10. For immediate and appropriate action.

ALAIN DEL B. PASCUA

Undersecretary



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Annex A

Kickoff of the One Health Week and Simultaneous Inauguration and Opening of School Medical and Dental Clinics and Launch of School Dental Health Care Program (6 September 2021)

A. Program of Activities

Time	Activity
10:00 – 10:00 am	National Anthem Opening Prayer
10:10 – 10:15 am	Welcome Remarks Dir. Lope Santos III
10:15 – 10:30 am	Message Usec. Alain Pascua Message Sec. Leonor Magtolis Briones
10:30 – 10:40 am	Message from the President President Rodrigo Roa Duterte
10:40 – 11:15 am	Simultaneous Ribbon Cutting Ceremony followed by Walking Tour
11:15 am – 12:00 nn	AVP of Field Reports Each Region is requested to submit a 2-3-minute video of their respective Regional Directors, delivering their respective regional updates

B. Requested Field Preparations

1. The BLSS-SHD needs the following to be used for the CO-led Simultaneous Inauguration and Opening of the School Medical and Dental Clinics:
 - a. Pictures of SDHCP beneficiary clinics to showcase the accomplishment of the program in their respective regions/divisions/schools
 - i. If available, health personnel doing actual tasks may also be present in the pictures.
 - ii. These will be shown during the message of Usec. Alain Pascua and in the AVP of field reports.
 - b. Video-recording for the AVP of Field Reports
 - i. The Regional Director shall be the main subject in the video-recording and shall discuss the medical dental and nursing services guided by the following:



- (1) What are the challenges faced by the school health and nutrition personnel in the delivery of health services during the COVID-19 pandemic?
 - (2) How important are health services among learners and personnel in the implementation of the BE-LCP?
 - (3) How can the SDHCP beneficiary school clinics help in providing medical and dental services? *(number of established clinics in their respective regions through the SDHCP can be stated during the discussion)*
 - ii. The duration of the video must be strictly **2-3 minutes only**.
 - iii. Technical specifications to guide the recording are attached (**Annex M**).
 - iv. All materials shall be submitted on or before **August 30, 2021**, through <https://bit.ly/sdhcp2021OHW>.
2. Each RO shall select one school with an established clinic where the Regional Director or his/her representative will be physically present for the simultaneous ribbon cutting ceremony.
- a. Information Officers and ICT Officers are requested to assist and provide technical support to the SHN Personnel in the live coverage of the ceremony. ROs may also tap the assistance of DepEd TV Production Staff if possible.
 - b. All staff involved in the preparations are also invited to attend the orientation/preparatory meetings as well as the technical runs needed for this activity.
 - i. Technical requirements including the equipment that need to be prepared will be discussed during the said meetings.
 - ii. The set-up for the ribbon cutting and the walking tour will be discussed during one of the preparatory meetings or provided through a separate BLSS issuance if needed.
 - iii. Separate Notice(s) of Meeting will be issued for this purpose.
3. All 1,869 schools are encouraged to join the simultaneous inauguration and opening of established school clinics on September 6 by joining the Zoom link for the activity which shall also be posted live on DepEd Philippines FB page. More details about this will be provided by the BLSS-SHD.



Annex B

Division Webinar on Telehealth (6 September 2021)

A. Proposed Program of Activities

Time	Activity
1:30 – 1:40 pm	National Anthem Prayer
1:40 – 1:50 pm	Opening Remarks and Messages To be delivered by the Regional Director, Schools Division Superintendent, and/or SGOD Chief
1:50 – 2:30 pm	Updates on telemedicine Dr. Daphne Gayle Galang
2:30 – 3:15 pm	Updates on tele-dentistry Dr. Edwina J. Go Oral health program manager DOH IV-A
3:15 – 4:30 pm	Training on first aid <i>Resource Person to follow</i>
4:30 – 4:45 pm	Synthesis
4:45 – 5:00 pm	Closing Remarks To be delivered by Schools Division Superintendent, or SGOD Chief

B. Guide for Field Preparations

1. The BLSS-SHD shall provide the recorded lectures on **telemedicine**, **tele-dentistry**, and **first-aid** to be disseminated through email to all ROs and SDOs.
2. The ROs and the SDOs shall plan their own webinars and may adopt the draft program proposed above.



Annex C

For the WinS: Schools Reaching for the Stars (Launch of the First WinS Seal of Excellence Award) (7 September 2021)

A. Program of Activities

Time	Activity
3:00 – 3:05 pm	National Anthem Prayer
3:05 – 3:15 pm	Opening Remarks Usec. Alain Del Pascua Message Sec. Leonor Magtolis Briones
3:15 – 4:10 pm	Updates on DepEd WinS Regional Videos (2-3 minutes per region)
4:10 – 4:25 pm	Seal of Excellence Launch Dr. Maria Corazon Dumlao, Chief, SHD
4:25 – 4:30 pm	Closing Remarks (video recording) Regional WinS Coordinator
4:30 – 4:35 pm	Closing Prayer Photo ops

B. Requested Field Preparations

The BLSS-SHD requests the ROs to prepare a video presentation on the implementation of the WinS program in the time of COVID-19, featuring one to two selected schools in their respective regions:

1. The interviewee in the video presentation shall preferably be the School Head and/or the School WinS Coordinator/Focal.
2. The following guide shall be used by the narrator and the interviewee:
 - a. Challenges schools encountered given the ongoing pandemic and how they overcome/rise above them
 - b. Best practices/Innovations schools have adopted to respond to the challenges brought about by the pandemic
3. The duration of the video presentation must be strictly **2-3 minutes only**.
4. Technical specifications to guide the recording are attached. (**Annex M**)
5. All materials shall be submitted on or before **August 31, 2021**, through <https://bit.ly/wins2021OHW>.



Annex D

SDO for the WinS: Schools Developing Opportunities for the WinS (A Webinar on the Role of the WinS Program in Time of the COVID-19 Pandemic) (7 September 2021)

A. Proposed Program of Activities

Time	Activity
12:40 – 1:00 pm	Participants' Log-in
1:00 – 1:10 pm	Acknowledgement of Participants (If possible, roll call by School)
1:10 – 1:15 pm	National Anthem Prayer
1:15 – 1:30 pm	Opening Remarks and Messages To be delivered by the Regional Director, Schools Division Superintendent, and/or SGOD Chief
1:30 – 2:00 pm	Part I - Role of WinS Program in the Time of COVID-19 pandemic (video recording) Mr. Jon Michael Villaseñor UNICEF WASH Officer
2:00 – 2:30 pm	Part II - WinS Updates from SDO Division WinS Coordinator
2:30 – 2:50 pm	Q and A Moderator, SDO WinS TWG Members
2:50 – 2:55 pm	Closing Remarks (video recording) Regional WinS Coordinator
2:55 – 3:00 pm	Closing Prayer Photo ops

B. Guide for Field Preparations

1. BLSS-SHD shall provide the recorded video for Part I.
2. Regional WinS Coordinators shall prepare the recorded video for the Opening Remarks of their respective RDs as well as their closing remarks to be shared to all their Division WinS Coordinators.



Annex E

National Launch of the SBFP 2021-2022 (8 September 2021)**A. Program of Activities**

The National Launch for the School-Based Feeding Program (SBFP) for SY 2021-2022 will signify the readiness of DepEd to implement the program for SY 2021-2022 amid the COVID-19 pandemic.

Time	Activity
1:10 – 1:10 pm	National Anthem Prayer
1:10 – 1:20 pm	Overview of the Program Dr. Maria Corazon C. Dumlao
1:20 – 1:30 pm	Welcome Remarks Dir. Lope B. Santos III
1:30 – 1:40 pm	Message Usec. Alain Del B. Pascua
1:40 – 1:50 pm	SBFP Implementation Video Presentation
1:50 – 2:00 pm	Keynote Message Sec. Leonor Magtolis Briones
2:00 – 2:10 pm	Nutritious Food Product and Milk Toast
2:10 – 2:50 pm	Messages of Support from the Partners Hon. Karlo Alexei B. Nograles Office of the Cabinet Secretary Sec. William Dar Department of Agriculture (DA) Dr. Imelda Angeles-Agdeppa Department of Science and Technology-Food and Nutrition Research Institute Ms. Marilyn B. Mabale DA-National Dairy Authority Dr. Ronnie Domingo DA-Philippine Carabao Center Dr. Azucena M. Dayanghirang National Nutrition Council
2:50 – 3:00 pm	Closing Message ASec. Salavdor C. Malana III

B. Requested Field Preparations

The expected audience during the national launch are personnel from the ROs, SDOs, and schools nationwide who may watch the livestream of the activity via Facebook Live. All are requested to register at <https://bit.ly/National-Launch-SBFP-FY2021-2022-09082021>.



Annex F

Regional Launch of the SBFP 2021-2022 (8 September 2021)

A. Proposed Program of Activities

Time	Activity
3:00 – 3:05 pm	Participants' Log-in
3:05 – 3:15 pm	Acknowledgement of Participants
3:15 – 3:25 pm	National Anthem Prayer
3:25 – 3:45 pm	Overview of the Program and Welcome Remarks ESSD Chief
3:45 – 3:55	SBFP Implementation Video Presentation
3:55 – 4:15 pm	Keynote Message Regional Director
4:15 – 4:25 pm	Nutritious Food Product and Milk Toast
4:25 – 4:35 pm	Closing Message Assistant Regional Director
4:35 – 4:40 pm	Photo Op

B. Guide for Field Preparations

1. The SBFP Regional Launch will be organized/handled by the RO SBFP Focal Persons in close coordination with their respective SDOs.
2. The proposed program format may be modified if the ROs have additional activities to maximize the time allotted.
3. BLSS-SHD will provide the ROs through their respective SBFP Focal Persons a copy of the video presentation on SBFP implementation.
4. The ROs will provide meeting link for the activity.



Annex G

ARH Activities (9 September 2021)

A. Background of the CSE-ARH Convergence

Several legal bases have been issued for the sexual and reproductive health concerns in the country. Republic Act (RA) No. 10354 titled Responsible Parenthood and Reproductive Health (RPRH) Act of 2012 mandates the Department of Education (DepEd) to have an age- and development-appropriate reproductive health education, calling for a supportive school environment in its Implementing Rules and Regulations (IRR), while the RA No. 11166 titled The Philippine HIV and AIDS Policy Act also mandates that DepEd ensures the development and provision of psychosocial support and counseling in learning institutions for the development of positive health and promotion of values and behavior pertaining to reproductive health.

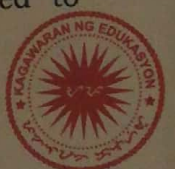
In the 2019 Kapit-Kamay Summit: A National Summit on the Prevention of Early Pregnancy, DepEd, Department of Health (DOH), Commission on Population and Development (POPCOM) and the National Economic and Development Authority (NEDA) agreed to jointly lead a whole-of-government approach in translating the commitments made into corresponding policies, budget and programs to accelerate reduction of adolescent pregnancies in the Philippines. With this, the different agencies, with support from local and international organizations have developed policies, programs, and projects.

To continue with the advocacy for reproductive health, Executive Order 141 titled Adopting as a National Priority the Implementation of Measures to Address the Root Causes of the Rising Number of Teenage Pregnancies was also recently released.

For DepEd, Comprehensive Sexuality Education and the Adolescent Reproductive Health Program are continuously being implemented and improved. With the CSE-ARH Convergence, the agency is committed to improve the health status of adolescents through linking classroom instruction to critical health interventions by expediting access to adolescent reproductive health services. This aims to address the growing concern of early pregnancy and HIV/ AIDS in the country among others.

In an inter-agency effort led by the DOH and POPCOM, the Ichoose Campaign targets adolescents to make informed choices for their reproductive health while Konektado Tayo is created to bridge the communication gap between Filipino parents and their adolescent children, particularly on issues concerning adolescent sexuality and development.

During the One Health Week, the CSE-ARH Convergence shall be highlighted to have an overview of the various service delivery mechanism that can be offered in schools. The Ichoose and Konektado Tayo campaigns shall be cascaded to



schools through the Regional and Schools Division Offices as part of the health education promotion for reproductive health.

B. Program of Activities for the National Launch of the CSE-ARH Convergence

Time	Activity
1:00 – 1:05 pm	National Anthem Prayer
1:05 – 1:15 pm	Messages Sec. Leonor Magtolis Briones Usec. Alain Del B. Pascua Usec. Diosdado M. San Antonio
1:15 – 1:45 pm	Philippine Situationer on Adolescent Reproductive Health Usec. Juan Antonio A. Perez III, POPCOM
1:45 – 2:00 pm	Campaign Launch: CSE-ARH Convergence
2:00 – 2:15 pm	IChoose #MalayaAkongMaging Konektado Tayo
2:15 – 2:40 pm	CSE Implementation Updates and ARH Best Practices
2:40 – 3:00 pm	Messages of Support Dr. Yolanda E. Oliveros, USAID Usec. Maria Rosario S. Vergeire, DOH Usec. Juan Antonio A. Perez III, POPCOM Closing Director Lope B. Santos III

C. Requested Field Preparations

Regional ARH Focal Persons shall also submit consolidated local ARH projects to be included in the program on or before **30 August 2021** via arh@deped.gov.ph. Please refer to **Annex N** for the report format.



D. Program of Activities for the Regional Launch of the CSE-ARH Convergence (For CSE-ARH Convergence Pilot Sites)

Time	Activity
3:00 – 3:05 pm	National Anthem Prayer
3:05 – 3:15 pm	Messages DepEd, DOH
3:15 – 3:45 pm	Regional Situationer on Adolescent Reproductive Health POPCOM
3:45 – 4:15 pm	CSE-ARH Convergence Regional Launch DepEd
4:15 – 4:25 pm	IChoose, Konektado Tayo AVPs
4:25 – 4:55 pm	Regional Best Practices on ARH
4:55 – 5:10 pm	Messages of Support and Closing DepEd, LGU

E. Program of Activities for Konektado Tayo: Webinar on Adolescent Sexuality and Development for Parents and Learners (For non-pilot sites)

Time	Activity
3:00 – 3:05 pm	National Anthem Prayer
3:05 – 3:15 pm	Messages DepEd, POPCOM
3:15 – 3:45 pm	Regional Situationer on Adolescent Reproductive Health POPCOM/DOH
3:45 – 4:15 pm	Regional Best Practices on ARH DepEd
4:15 – 4:55 pm	Konektado Tayo Discussion/Webinar POPCOM
4:55 – 5:10 pm	Messages of Support and Closing DepEd, LGU

F. Guide for Field Preparations

1. Video materials and social media cards shall be shared to the Regional ARH Coordinators for dissemination.
2. DOH and POPCOM shall issue a parallel memorandum for the collaborative activity.



Annex H

**Webinar on School Mental Health Initiatives and
Ceremonial Observance of the World Suicide Prevention Day
(10 September 2021)**

A. Program of Activities

Time	Activity
1:00 – 1:05 pm	National Anthem Prayer
1:05 – 1:10 pm	Opening Remarks Dir. Lope B. Santos III
1:10 – 1:20 pm	Message Usec. Alain Del B. Pascua Message Sec. Leonor Magtolis Briones
1:20 – 1:35 pm	Mental Health in the Department of Education Dr. Maria Corazon C. Dumlao
1:35 – 2:15 pm	Sharing of School Mental Health Initiatives
2:15 – 2:25 pm	A Ceremonial Observance of the World Suicide Prevention Day
2:25 – 2:30 pm	Closing Message ASec. Salvador C. Malana III

B. Requested Field Preparations

Regional School Mental Health Coordinators, in case they are aware of any, are requested to recommend to BLSS-SHD schools, organizations, and researchers who have working models on school mental health and who may be invited to share during the webinar. Email recommendations to schoolmentalhealth@deped.gov.ph on or before August 30, 2021.



Annex I

Virtual Activity on the Observance of World Suicide Prevention Day (10 September 2021)

A. Proposed Program of Activities

Time	Activity
3:00 – 3:05 pm	Prayer/ Moment of Silence for Loved Ones and Friends who Died to Suicide
3:05 – 3:10 pm	Messages SDO Representatives
3:10 – 3:30 pm	Discussion on suicide prevention (A recorded discussion to be provided by BLSS-SHD)
3:30 – 3:50 pm	Facilitated Responses to the Discussion
3:50 – 4:00 pm	Closing Ritual A song of commitment or a short exercise where participants will express commitment to suicide prevention

B. Guide for Field Preparations

School Mental Health coordinators who will adopt the proposed program of activities are invited to a Training of Trainers tentatively set on 3 September 2021 for a program run-through and the distribution of the webinar toolkits. A separate Notice of Meeting will be issued for this purpose.

1.



- 6:00-8:00 pm.
2. Registration details and specific instructions to registered participants regarding necessary preparations for the fellowship, if any, shall be communicated through a separate issuance from BLSS-SHD.



Annex K

NDEP Activities (11 September 2021)

A. Program of Activities for the Webinar on Strengthening the Implementation of NDEP in Schools

Time	Activity
9:00 – 9:05 am	National Anthem Opening Prayer
9:05 – 9:10 am	Opening Remarks Dir. Lope B. Santos III
9:10 – 9:15 am	Messages Usec. Revsee Escobedo Usec. Alain Del B. Pascua Sec. Leonor Magtolis Briones
9:15 – 9:25 am	Messages from Partners Usec. Earl Saadvedra Dangerous Drugs Board Prof. Francis Grace Duka Pante ASEAN Training Center for Preventive Drug Education
9:25 – 10:00 am	Implementation of NDEP in the New Normal Dr. Maria Corazon C. Dumlao
10:00 – 11:00 am	Video Presentations of Winners of NDEP-related Contests/Activities

B. Recommendations for the Division Virtual Activity for NDEP

- ROs and SDOs are enjoined to host their own local virtual activities to highlight NDEP at 2:00-3:00 pm. The activity shall show that NDEP continues to be implemented despite the pandemic.
- The following are the suggested activities:
 - AVPs on the NDEP activities during pandemic
 - Messages of support from the stakeholders
 - Webinars
- If ROs and SDOs want to use the presentations in the webinar series conducted by BLSS-SHD, recorded videos can be accessed at the Professional Development – Learning Management System through: <https://training.deped.gov.ph/course/index.php?categoryid=72>.



Annex L

Closing Program (11 September 2021)

Time	Activity
4:00 – 4:10 pm	National Anthem Prayer
4:10 – 4:20 pm	Opening Message Dir. Lope B. Santos
4:20 – 4:35 pm	Presentation on OK sa DepEd and One Health Week Dr. Maria Corazon Dumlao
4:35 – 4:45 pm	Message Usec. Alain Pascua
4:45 – 4:50 pm	Showing of Highlights of 2021 One Health Week Activities
4:50 – 5:00 pm	Keynote Message Secretary Leonor Briones
	Closing



Annex M

Guidelines for recording videos

1. The following procedures are recommended when recording a video:
 - a. Subject must be positioned at the center of the frame.
 - b. Medium Shot (from the top of their head to roughly their waist) is recommended.
 - c. Give at least an inch for the head room for the subject.
 - d. Set audio recording to Stereo.
 - e. Choose a good background, face the window instead, and use it as a source of light.
 - f. Illuminate your face using a ring light or any source of light.
2. Recommended minimum specifications for videos:
 - a. File Format: MP4
 - b. Resolution: 1080p or 720p resolution
 - c. Dimensions: 1920px x 1080px (16:9)
 - d. Orientation: Landscape
 - e. Frame Rate: 30fps



Annex N – ARH Report Format

1. Document Submission

Notable ARH related programs, activities and projects shall be consolidated using the format below.

Adolescent Reproductive Health (ARH) Program Report

Region:	Period Covered: 2016 - 2021
Division:	
Office Address:	
Office Telephone Number:	Mobile Number:
Fax Number:	Email Address:
Number of Schools in the Region/ Division:	
Elementary:	
Secondary:	
Integrated:	

Part I: List of ARH-Related PAPs

Programs/ Activities/Projects	Objectives	PAP Component s	Beneficiaries/ Participants	Coverage (Location)	Funding and Source	Implementing Partners	Status / Implementation Date
(Name/ Title of PAPs)	(Specific purpose, objectives and targets of the PAP)	(Specific components, strategies or parts under the PAP)	(Primary and secondary target participants and number of beneficiaries)	(Geographic coverage)	(Budget and Fund Source)	(Other institutions involved in the implementation of the PAP)	(Current progress or accomplishments of the PAP)

Part II: Achievements, Issues and Concerns In Program Implementation

Achievements / Major Reforms

(Briefly discuss the successes in implementation, i.e changes brought by activities in the area/ school community)

--

Facilitating Factors

(Briefly discuss major outstanding factors that contributed to the successful implementation)

--

Hindering Factors

(Briefly discuss major factors that caused delay or impeded implementation)

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Recommendations

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Part III: Photo Documentation with Captions (*Clear Action Photos are preferred*)

Part IV: Local Resources Related to ARH (post direct links if published via hyperlink or consolidate in a Google drive)

1. Researches

Title	Proponents and Affiliation	Link

2. Learning Materials

Title	Type (booklet, flipchart, etc.)	Target Grade	Language	Link

Part V: Submission Details

Prepared by: _____ ARH Focal Person Date: _____	Noted: _____ Regional Director/ Schools Division Superintendent
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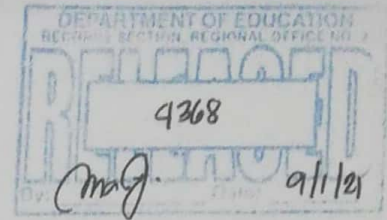
2. Audio Visual Presentation (optional)

- a. Previous recorded activities, including capacity buildings, health promotion events, related program videos for ARH
- b. For new recording for existing activities/program implementation
 - i. Choose good backgrounds with adequate lighting
 - ii. Set audio recording to Stereo
 - iii. Video format should be MP4 with 1080p or 720p resolution;
 - iv. Dimensions: 1920px x 1080px (16:9)
 - v. Orientation: Landscape
 - vi. Frame Rate: 30fps
 - vii. Duration must not exceed 5 minutes





Republic of the Philippines
Department of Education
REGION X – NORTHERN MINDANAO



Office of the Regional Director

August 31, 2021

REGIONAL MEMORANDUM

No. 481, s. 2021

**OPLAN KALUSUGAN SA DEPED 'ONE HEALTH WEEK'
VIRTUAL CELEBRATION**

To: Schools Division Superintendents
Assistant Schools Division Superintendents
All Others Concerned

1. The Department of Education Region X will celebrate the **One Health Week** on September 6-11 to showcase DepEd's flagship programs under the Oplan Kalusugan sa DepEd (OK sa DepEd) where each day will focus on a specific flagship program:

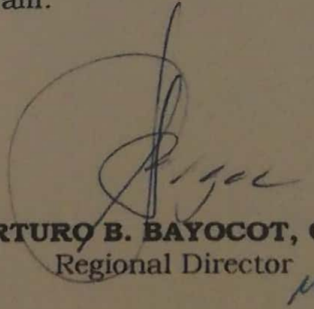
- Medical, Dental, and Nursing Services, including the School Dental Health Care Program (SDHCP);
- Water, Sanitation, and Hygiene (WASH) in Schools (WinS) Program;
- School-Based Feeding Program (SBFP);
- Adolescent Reproductive Health (ARH) Program;
- School Mental Health Program; and
- National Drug Education Program (NDEP)

2. The theme for the celebration is "Bayanihan para sa Kalusugan: OK sa DepEd, sa Paaralan, at sa Tahanan," emphasizing how partnerships for school health are essential to support the new school year that will remain under the "new normal" set-up.

3. Hence, all Schools Divisions Offices (SDOs) are directed to participate in all fixed launching activities both by the Central Office (CO) and Regional Office (RO). SDOs may create a separate activity with a different schedule to be attended by the Regional School Health Section Team. All activities will be shared and livestreamed for all personnel, learners, partners, and other stakeholders to participate.

4. For the details of the scheduled activities, please refer to OUA MEMO 00-0821-0218. For all concerns on specific activities of each flagship program, please contact the regional coordinator of the specific flagship program.

5. For information and compliance.


DR. ARTURO B. BAYOCOT, CESO III
Regional Director

ESSD/mgy



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