



Republic of the Philippines
Department of Education
REGION X

SCHOOLS DIVISION OF LANA DEL NORTE

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DIVISION MEMORANDUM

No. 15 s. 2025

DENGUE PREVENTION AND CONTROL MEASURES IN SCHOOLS

To: Assistant Schools Division Superintendent
SGOD Chief Education Supervisor
CID Chief Education Supervisor
Secondary School Heads
Elementary School Heads
School Health Section and Nutrition Section Personnel
All Others Concerned
This Division

1. In reference to Regional Memorandum No. 139, s. 2025, titled Dengue Prevention and Control Measures in Schools, and in line with the Department's commitment to ensuring the health and safety of all learners, teachers, and non-teaching personnel, this Office issues this memorandum to serve as a guide for preventing and controlling dengue in schools. School heads and personnel are advised to implement these measures to provide a safe learning environment for all.
2. Schools are advised to maintain close coordination with School Division Health Personnel, local health offices, and the Department of Health to ensure timely intervention and support in the event of suspected or confirmed dengue cases.
3. Attached is a copy of the Regional Memorandum containing detailed measures to ensure the strict and consistent implementation of dengue prevention protocols in schools.
4. For immediate dissemination and strict compliance.

EDWIN R. MARIBOJOC, CESO V
Schools Division Superintendent



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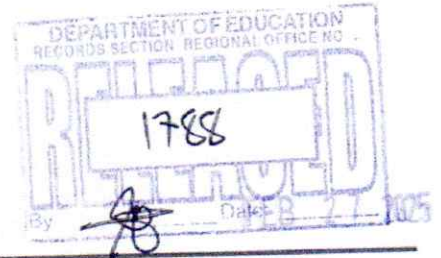


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Republic of the Philippines
Department of Education
REGION X - NORTHERN MINDANAO



February 25, 2025

REGIONAL MEMORANDUM
No. 139, s. 2025

DENGUE PREVENTION AND CONTROL MEASURES IN SCHOOLS

To: School Division Superintendents
Principals/School Heads
All Others Concerned

1. Considering the alarming rise in dengue cases and the declaration of local outbreaks by several local government units, the Department of Education (DepEd), through the Bureau of Learner Support Services-School Health Division (BLSS-SHD), issues this Memorandum on the Prevention of Dengue Fever.
2. Please refer to the attachment for details.
3. This Office directs the immediate and wide dissemination of this Memorandum.

DR. ARTURO B. BAYOCOT, CESO III
Regional Director

promiss
ATTY. SHIRLEY O. CHATTO
Chief Administrative Officer
Officer-in-Charge
Office of the Regional Director

ATCH.: As stated
To be indicated in the Perpetual Index
under the following subjects:

HEALTH EDUCATION SAFETY

ESSD/Leenemson

DENGUE PREVENTION AND CONTROL MEASURES IN SCHOOLS

Dengue fever is a mosquito-borne viral disease that poses a significant health risk. It is transmitted to humans through the bite of infected Aedes mosquitoes, primarily Aedes aegypti and Aedes albopictus. Common symptoms include high fever, severe headaches, joint and muscle pain, nausea, and rash. In severe cases, it can lead to life-threatening complications such as Dengue Hemorrhagic Fever (DHF) and Dengue Shock Syndrome (DSS).

To ensure the health and safety of all learners and school personnel, the following measures must be observed and followed:

A. Dengue Prevention and Response Measures in Schools

To effectively prevent and control cases of dengue fever, all schools are urged follow the 5S Strategy of the Department of Health, outlined as follows:

1. Search and Destroy Mosquito Breeding Sites
 - a. Conduct weekly clean-up drives in classrooms, restrooms, and school grounds;
 - b. Remove stagnant water from plant saucers, old tires, roof gutters, and other water-collecting items;
 - c. Properly cover water storage containers and dispose of waste properly; and
 - d. Regularly inspect school premises for potential mosquito breeding sites.
2. Self-Protection Measures: Encourage learners and school personnel/ staff to do the following:
 - a. Wear long-sleeved shirts, long pants, and socks to minimize mosquito bites;
 - b. Apply DOH-approved mosquito repellents, when necessary; and
 - c. Maintain well-ventilated classrooms and install screens on windows and doors if possible.
3. Seek Early Consultation: Parents and Teachers should be vigilant in recognizing/identifying early signs and symptoms of dengue, which include, among others:
 - a. High-grade fever (39 degrees Celsius or higher) lasting at least 2 days, or possibly recurring over a 7 day period;
 - b. Severe headache, dizziness, or unusual tiredness;

- c. Pain behind the eyes;
 - d. Body aches, joint or muscle pain;
 - e. Skin rash;
 - f. Nausea, vomiting, or loss of appetite.
4. If a learner has a high fever and any of these symptoms, they should be referred to a health facility immediately. Watch for danger signs requiring urgent medical attention:
- a. Severe stomach pain;
 - b. Persistent vomiting;
 - c. Unusual bleeding (nosebleeds, gum bleeding, bruising);
 - d. Extreme drowsiness, irritability, or difficulty breathing;
 - e. Cold, clammy skin or fainting.
5. If any of these signs appear, the learner must be rushed to a hospital without delay.
6. Support Fogging as a Last Resort or Only in Outbreak Situations
- a. Schools should coordinate with their Barangay Health Workers and Local Health Offices to assess the necessity of fogging.
 - b. Fogging should only be conducted in areas where a dengue outbreak has been officially declared.
7. Sustain Hydration
- a. Schools are encouraged to provide safe and accessible drinking water via hydration stations and other appropriate means.
 - b. Learners and school personnel are encouraged to increase their fluid intake, particularly if experiencing symptoms such as fever, vomiting, or diarrhea, to prevent dehydration.

B. Coordination with LGUs and Health Agencies

1. Schools are urged to closely coordinate with their respective Barangay Health Workers, Rural Health Units, and Local Government Units in monitoring and/or reporting dengue cases to ensure timely response at the community level.
2. Schools must stay informed on any issuances, advisories, and guidelines provided by the Department of Health (DOH), updating protocols and practices as necessary to align with the latest public health recommendations.
3. Schools must coordinate with DOH-accredited Dengue Centers of Excellence, as mandated by DOH Administrative Order No. 2021-0009, to ensure proper referral and treatment of severe dengue cases.
4. Schools are strongly encouraged to partner with their respective LGUs in implementing community-based dengue prevention initiatives.

C. Monitoring and Compliance

1. The Regional Office (RO) and Schools Division Offices (SDOs) shall ensure strict and consistent implementation of dengue prevention measures across all schools in their respective jurisdictions.
2. Principal/School heads are required to do the following:
 - a. Organize and conduct regular dengue prevention activities and submit reports to their respective SDOs, following existing guidelines.
 - b. Monitor absenteeism trends as early indicators of potential dengue outbreaks.
 - c. Immediately report suspected dengue cases to the nearest health facility