



Republic of the Philippines  
Department of Education  
Region X

SCHOOLS DIVISION OF LANA DEL NORTE  
PIGCARANGAN, TUBOD, LANA DEL NORTE

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**DIVISION MEMORANDUM**  
NO. 052, s.2026

### **CELEBRATION OF 22<sup>nd</sup> NATIONAL DENTAL HEALTH MONTH**

To **ALL HEALTH AND NUTRITION SECTION PERSONNEL**  
**ALL ELEMENTARY PRINCIPALS**  
**ALL SECONDARY PRINCIPALS**  
**All Concerned**  
*This Division*

1. Following **Presidential Proclamation No.559 , s.2004**, declaring the month of February as the **National Dental Health Month Celebration** , the Department of Education ,Division of Lanao Del Norte encourages all public elementary and secondary schools to actively participate in the said activity in promoting oral health awareness and celebrates with this year's theme **"Brushing Ang Key Sa Ngiping Healthy"**. **A happy mouth and a smile leads to a healthy and happy life.**
2. The objective of this celebration is to emphasize the crucial rule of families in fostering the the proper oral hygiene practices and early oral care, emphasizing the importance of preventive care starting at home. The momentum of the #Ngiting 7020 campaign introduced in the previous year aiming to inspire filipinos to prioritize oral health with the goal of reaching the age of 70 with at least 20 healthy, natural and functional teeth.
3. The School Division Office (SDO) support the campaign through the conduct of various promotional activities. The National Dental Health Month celebration as a platform for professionals, educators, and government agencies to collaborate in promoting oral health awareness. As DepEd plays a crucial role in shaping the minds and habits of the nation's youth, your support and participation will contribute significantly to the success of these collective efforts.
4. Schools are encouraged to conduct the following activities:
  - a. Daily supervised toothbrushing using Fluoride toothpaste:
  - b. Oral health education focuses on proper toothbrushing techniques, healthy eating habits and the importance of regular dental checkups:
  - c. Information dissemination activities in school
  - d. Other related activities that will strengthen oral health awareness and promote positive behaviors among school learners.
5. In line with the **Oplan Kalusugan sa DepEd** and implementation of the School Health and Nutrition Program , and in support of the Department of Health # Ngiting 7020 initiative, the **Bright Smiles Bright**

**Futures Oral health Kit** supplies intended for **Kinder Garten and Grade I learners** that has been claimed by the schools from the Health and Nutrition Section.

6. The following are the suggested activities of the Health and Nutrition Section of the Division of Lanao del Norte :

WEEK	ACTIVITIES
First Week  February 6 ,2026 -region 2 February 20, 2026 -region 1	Oral Health Awareness Campaign a. Initiate a school wide campaign to raise awareness about oral health. b. Use bulletin boards, newsletters, and social media platform to share oral health tips, facts and resources.
2 <sup>nd</sup> week  February 10,2026 -region 2 February 24 ,2026 -region 1	Oral Health Workshops and Seminars: a. Classroom activities (lectures /Oral Health Education) b. Social media campaign. c. School community oral health awareness through orientation, lectures and activities involving parents ,teaching and non-teaching staff.
3 <sup>rd</sup> week  February 17,2026 region 2 February 27 , 2026 -region 1	Delivery of Dental Health Services a. Collaborate with local dental clinics or practitioners to organize on site dental checkups for students. b. Provide information to parents about the importance of regular dental checkups.
4 <sup>th</sup> week  February 26,2026 -region 2 February 25,2026 -region 1	Interactive Workshops a. Set up interactive workshops that include hands on activities. b. Demonstration on proper toothbrushing techniques (BULT) and provide learners with toothbrushes and dental floss to practice.

7. Immediate and wide dissemination of this Memorandum is desired.

**EDWIN R. MARIBOJOC, CESO V**  
Schools Division Superintendent

To be indicated in the Perpetual Index

under the following subjects:

DIVISION MEMO Oral Health Month Celebration

SOBERE/HEALTH AND NUTRITION SECTION /Division Memorandum – SDHCP