



Republic of the Philippines
Department of Education
REGION X
SCHOOLS DIVISION OF LANA O DEL NORTE

DEPED LANA O DEL NORTE	
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BY	

September 29, 2026

Division Memorandum
No. 539, s. 2026

9TH DIVISION ECHO-DANCE WORKSHOP ON PHILIPPINE FOLK DANCES 2026

To: Public Schools District Supervisors/District In-Charge
Public Elementary and Secondary School Heads
Select MAPEH Training Facilitators/Resource Speakers
All Others Concerned

1. In line with the continuing efforts to enhance the quality of instruction and improve the performance of MAPEH teachers in the delivery of the Physical Education curriculum, this Division, through the Curriculum Implementation Division (CID), shall conduct the **Two (2)-Day Division Echo-Dance Workshop on Philippine Folk Dances** on **October 24-25, 2026**, at 8:00 a.m. at Maigo Central Elementary School Gymnasium, Maigo, Lanao del Norte.
2. The training aims to:
 - a. develop the knowledge, skills, understanding, and appreciation of teachers for Philippine folk and traditional dances as bridges among the diverse cultures and people of the Philippines;
 - b. enhance the competencies of teachers, folk dance trainers, choreographers, and students in teaching and performing traditional Philippine dances;
 - c. provide teachers with resource materials on dance, such as handouts, music, and instructional videos; and
 - d. provide a forum for the discussion of significant issues and concerns related to the teaching and implementation of MAPEH.
3. The participants shall include selected MAPEH teachers from the elementary, secondary, and senior high school levels preferably newly hired teachers handling the different Key Stages, as well as resource speakers, and



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facilitators. Participants are advised to wear comfortable dance attire during the workshop.

4. Personnel involved in the conduct of the activity shall be granted Compensatory Time-Off (CTO), while teachers who render service on Saturdays or holidays shall be granted Service Credits, in accordance with DepEd Order No. 53, s. 2003, upon submission of the duly accomplished Civil Service Commission (CSC) Form No. 48 (Daily Time Record), as applicable.
5. Prior to the conduct of the activity, all dance speakers/teacher-models and facilitators are advised to report to *Pigcarangan Integrated School, Tubod West District, Tubod, Lanao del Norte*, for the **pre-work activities** on October 16-17, 2026, at 8:00 a.m.
6. Enclosed are copies of the training matrix and list of resource speakers, facilitators, and participants (Enclosure No. 2)
7. Traveling expenses and other incidental expenses of the participants are chargeable against local funds/ school MOOE subject to usual auditing rules and regulations.
8. This Memorandum serves as **Authority to Travel** for all participants.
9. Immediate and wide dissemination of and strict compliance with the contents of this Memorandum is enjoined.

EDWIN R. MARIBOJOC EdD, CESO V
Schools Division Superintendent



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TRAINING MATRIX			
OCTOBER 24-25, 2026			
Time	Day 1	Resource Speaker/Dance Model/Facilitator	
7:00 -8:00	Arrival & Registration	Registration Committee	
8:00 - 9:00	Opening Program	PMT:	Belen E. Generalao/Edward Taruc
		Host:	Arnold O. Bandala Jr.
9:00 - 10:00	Review of Fundamental Dance Steps & Movement Combination	Resource Speaker:	Janrey C. Compacion
		Dance Model/s:	Lady Lyn C. Remocaldo
			Gee Van Troy S. Ensendencia
10:00 - 11:30	Dance 1 <i>Felices Momentos</i> (Son Narciso, Quezon)	Resource Speaker	Jomarchy J. Lerasan/Ilene C. Belnas
		Dance Model/s:	Godofredo E. Barsilo Jr./Keith Owen T. Garcia
			Sofia Lin Grace B. Gonzalez/Erlan Grace H. Mag-Alasin
12:00 - 1:00	Lunch Break		
1:00 - 2:00	Dance 2 <i>La Paloma</i> (Mina, Iloilo)	Resource Speaker	Gretchen O. Resaga/ Erlan Grace H. Mag-Alasin
		Dance Model/s:	Arnold C. Bandala Jr.
			Lady Lyn C. Remocaldo
2:00 - 3:00	Dance 3 <i>Paghaboe It Piña</i> (Kalibo & Balete, Aklan)	Resource Speaker	Janrey C. Compacion/Melody C. Murallon
		Dance Model/s:	Keith Owen T. Garcia
			Mariedeth C. Toledo
3:00 - 4:00	Dance 4 <i>Arigay</i>	Resource Speaker	Godofredo E. Barsilo Jr./Jamal O. Andor
		Dance Model/s:	Jomarchy J. Lerasan
			Michelle Amor O. Afable/Belen E. Generalao
4:00 - 5:00	Dance 5 <i>Kabilaw</i>	Resource Speaker	Jihil Kisha A. Mejos/Keith Owen T. Garcia
		Dance Model/s:	Jamal O. Andor
			In-In P. Jal

Time	Day 2	Resource Speaker/Dance Model/Facilitator	
7:00 - 8:00	Arrival & Registration	Registration Committee	
8:00 - 9:00	Dance Review	PMT:	Edward A. Taruc
			All Dance Model (Day 1)



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9:00 - 10:00	Dance 6 <i>Sayaw Pagbatl</i> (Sta. Maria, Bulacan)	Resource Speaker:	Marideth C. Toledo/Arnold C. Bandala Jr.
		Dance Model/s:	Erlan Grace H. Mag-Alasin
			Ilene C. Belnas
			Paz T. Concepcion
10:00 - 11:00	Dance 7 <i>Jerls</i> (Mina, Iloilo)	Resource Speaker:	Gil C. Ouano/Melanie Maureen p. Malanog
		Dance Model/s:	Jamal O. Andor
			Gretchen O. Resaga
11:00 - 12:00	Dance 8 Valse de Sariaya (Sariaya, Quezon)	Resource Speaker	Lady Lyn C. Remocaldo/Asmirah M. Bantog
		Dance Model/s:	Gil C. Ouano/Jomarth J. Lerasan
			Razel A. Valdez/Gretchen O. Resaga
12:00 - 100	Lunch Break		
1:00-3:00	Dance Practice & Rehearsal (Workshop Showcase)-All Assigned Facilitators		
3:00 - 5:00	Workshop Showcase		
4:00 - 5:00	Closing Program/Giving of Certificates/Q&ME		

LIST OF TEACHER PARTICIPANTS

NAME OF TEACHERS (Elementary)	SCHOOL	DISTRICT	NAME OF TEACHER (Secondary)	SCHOOL	DISTRICT
1.Aminor B. Diamla	Payong Elem. School	SND East	56.Riza Mae L. Collamar	Pikalawag IS	SND East
2.Nasiefah D. Langitao	Bangaan Elem. School	SND East	57.Larry Jan B. Tangcay	SADMIS	SND East
3.Daisy Jean A. Baquiller	Miguela Pugoy ES	SND West	58.Merhan C. Toma	SADMIS	SND East
4.Jovelyn A. Enting	Cabongbongan ES	SND West	59.Evangeline y. Posadas	Andres Bersales NHS	SND West
5.Ma. Clarisa U. Mamac	Cathedral Falls IS	Kapatagan East	60.Alvie Jay M. Regis	Mamagum Integ. School	SND West
6.James P. Jarra	Suxto Maghanoy Sr. ES	Kapatagan West	61..Moh. Asad Marabong	Mahayahay IS	SND West
7.Loma I. Gumabat	Sixto Maghanoy Sr. CS	Kapatagan West	62.Edjun P. Rarugal	Carusa Integrated HS	Kapatagan West
8.Crisha Mae B. Borromeo	Taguic Integ. School	Kapatagan West	63.Catherine Duhaylungsod	Placida Mequiabas NHS	Kapatagan West
9.Lorito B. Retiza Jr.	Mapurog ES	Sapad	64.Roland Salaan	Placida Mequibas NHS	Kapatagan west
10.Mimi T. Baroy	Sapad Central IS	Sapad	65.Jonathan E. Sarona	Sapad Central IS	Sapad
11.Shahani L. Rudie	Masibay IS	Nunungan	66. Frelyn O. Abing	Sapad Central IS	Sapad
12.Aziza B. Lampa	Masibay IS	Nunungan	67.Wilfer Jay B. Alcantara	Lala Proper Integ. School	Lala North
13.Ruel L. Ranque	El Salvador ES	Lala South	68.Maria Liza Aguilos	Glecerio A. Lim IS	Lala North
14.Jolibe D. Jumawan	Pedro B. Liwanag MES	Lala South	69.Shaina Audrey Anticamara	Lala National HS	Lala Central
15.Andromido R. Ferolino	Camalan Elem. School	Lala North	70.Jose Domanjog	Lala National HS	Lala Central
16.Jenny Pearl C. Ramos	F.M Posadas ES	Lala north	71.Salima M. Acraman	Madaya IS	Salvador
17.Renero S. Jusayan	Simpak Elem. ES	Lala South	72.Kenzle Buff B. Legaspi	Pigcarangan IS	Tubod West
18.Daisy B. Eboras	Maranding Central ES	Lala Central	73.Gregg Michael S. Noval	Pigcarangan IS	Tubod West
20.Jocelyn G. Tabera	Daligdig ES	Salvador	74.Kimberly Joyce A. Araneta	Dalama Integ. School	Tubod East
21.Jeramae J. Ongos	Bulacon ES	Salvador	75.Alven B. Matulac	Teofila C. Quibranza NHS	Tubod East
22.Charlie Joy Eltagon	Sergio Mata ES	Tubod West	76.Mark Cesar Ian M. Salas	Diosdado Yap Sr. NHS	Baroy South
23.Joenard Necodemus	F.V. Bond MES	Tubod West	77. Golden S. Majorenos	Disodado Yap Sr. NHS	Baroy South
24.Elgin A. Vicoy	Bualan Elem. School	Tubod East	78.Krizza Mae M. Flores	LNNCHS	Baroy North



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25. June Narciso	Palao Elem. School	Tubod East	79. Ren Ariel P. Terrado	LNNCHS	Baroy North
26. Leslie Amor P. Cale	Santo Nino ES	Tubod East	80. Jocyn N. Nelmda	Tambacon Integ. School	Magsaysay
27. Ivy P. Carrillo	Bag-ong Dawis ES	Baroy South	81. Joyful A. Bilbao	Tambacon Integ. School	Magsaysay
28. Geraldine B. Rodriguez	Baroy Central ES	Baroy North	82. Casana C. Liawao	Tangcal NHS	Tangcal
29. Oszel June R. Balanay	LNNCHS	Baroy North	83. Amer A. Ambat	Big Banisilon IS	Tangcal
30. Abby Gylle B. Jugan	LNNCHS	Baroy North	84. Ma. Floriza Marantal	Diego H. Patigayopn NHS	Kolambugan
31. Gina M. Estareja	Tambacon Integ. School	Magsaysay	85. Hassanor P. Maunta	Lininding IS	Tagoloan
32. Ivy B. Pingca	Tambacon Integ. School	Magsaysay	86. Jundrielyn Liwaya B. Macadar	Tagoloan IS	Tagoloan
33. Ruby B. Canete	Liangnan West ES	Maigo	87. Thiemann C. Gubat	Pantar National HS	Pantar
34. Jay Opiniano	Maigo Central ES	Maigo	88. Nashibah G. Habib	Pantar National HS	Pantar
35. Raima M. Aponie	Pelingkingan IS	Tangcal	89. Naifa D. Mangoranda	Pantao Ragat Agro IHS	Pantao Ragat
36. Shima S. Alinor	Beruar Integ. School	Tangcal	90. Aslia G. Bantog	Pantao Ragat Agro IHS	Pantao Ragat
37. Irish Jane M. Sevilano	Kolambugan Central ES	Kolambugan	91. Eman M. Manaros	Munai National HS	Munai
38. Wilmar C. Mondido	Riverside Elem. School	Kolambugan	92. Almaira L. Mingca	Munai National HS	Munai
39. Johaimah S. Makil	Mamaanun PS	Baloi West	93. Isnaiharu M. Usman	Poonapiagapo CIS	Poonapiagapo
40. Johaima M. Mauna	Punod ES	Pantar	94. Sittie Alanisa I. Sampoma	Poonapiagapo CIS	Poonapiagapo
41. Aminoding H. Edris	Punod ES	Pantar	95. Maria Sophia Jade T. Jumamil	Samburon IS	Linamon
42. Aladin I. Manala-o	Pansor Primary School	Pantao Ragat	96. Karen E. Buenaventura	Linamon National HS	Linamon
43. Salima S. Manalundong	Pantao Ragat CES	Pantao Ragat	97. Jhanin L. Ugsang	Kawit Oriental IS	Kauswagan
44. Eman O. Malic	Pendulonan ES	Matungao	98. Dan Michael C. Lagat	Marcela Mabanta NHS	Kauswagan
45. Samia M. Bautil	Batangan Elem. School	Matungao	99. Dennis M. Bahian	Liangnan National HS	Bacolod
46. Salma A. Benito	Lingco-an PS	Munai	100. Lovely Christy B. Peleño	Liangnan National HS	Bacolod
47. Assimah M. Bantog	Tamparan ES	Munai			
48. Rohaifa D. Macaayao	Mamarinta ES	Poonapiagapo			
49. Almerah M. Umungan	Denaig ES	Poonapiagapo			
50. Anna Mae R. Borja	Napo Elem. School	Linamon			
51. Mitchie E. Donio	Roboon Elem. School	Linamon			
52. Richelle B. Eslit	Upper Tugar ES	Kauswagan			
53. Jayson M. Lariosa	Tacub Elem. School	Kauswagan			
54. Chona I. Colango	Bacolod Central IS	Bacolod			
55. Mary Grace B. Cosmod	Rufino Santos Sr. ES	Bacolod			

List of Resource Speakers and Training Facilitators
May 23-24, 2026

Name of Resource Speakers	Station	Role
1. JANREY C. COMPACION	Lala National High School	Resource Speaker
2. GEE VAN TROY S. ENSENDENCIA	Kolambugan Central ES	Workshop Chairperson
3. LADY LYN C. REMOCALDO	Kidalos Elementary School	Resource Speaker
4. GODOFREDO E. BARLISO JR.	Curva Miagao Elementary School	Resource Speaker
5. JIHIL KISHA A. MEJOS	Manga Integrated School	Resource Speaker
6. BELEN E. GENERALAO	Kolambugan Central ES	Resource Speaker
7. ARNOLD C BANDALA JR.	Maguindanao Integrated School	Resource Speaker
8. GRETCHEN O. RESAGA	Taguitic Integrated School	Resource Speaker
9. PAZ T. CONCEPCION	Padianan Elementary School	Dance Model



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10. MELANIE MAUREEN P. MALANOG	Arsenio Quibranza National HS	Resource Speaker
11. ERLAN GRACE H. MAG-ALASIN	Kapatagan National High School	Resource Speaker
12. IN-IN P. JAL	Lala National High School	Dance Model
13. MARIEDITH C. TOLEDO	Kapatagan East Central ES	Resource Speaker
14. ASMIRAH M. BANTOG	Ramain Integrated School	Resource Speaker
15. MELODY C MURALLON	Balili Central Elementary School	Resource Speaker
16. JAMAL O. ANDOR	Tangcal National High School	Resource Speaker
17. JOMARTHY J. LERASAN	Carusa Integrated School	Resource Speaker
18. KEITH OWEN T. GARCIA	Calube Integrated School	Resource Speaker
19. SOFIA LIN GRACE B. GONZALES	Sucadan Elementary School	Resource Speaker
20. ILENE C. BELNAS	Cathedral Integrated School	Resource Speaker
21. MICHELLE AMOR O. AFABLE	Geronima Cabrera National HS	Dance Model
22. RAZEL A. VALDEZ	Salvador National High School	Dance Model
23. GIL C. OUANO	Salvador Central ES	Resource Speaker
24. ROBIN L. TABAR	Division Office	Program Holder
25. EDWARD A. TARUC	Lanao del Norte NCHS	TWG
26. JHUNJIE B. MONERA	Lala Proper Integrated School	TWG
27. JUNJIE B. BUCOG	Raymundo Barinan ES	TWG

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