



Republic of the Philippines
Department of Education
REGION X

SCHOOLS DIVISION OF LANA DEL NORTE

DEPED LANA DEL NORTE		
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August 29, 2025

DIVISION MEMORANDUM
No. 492 , s. 2025

**8TH DIVISION ECHO-DANCE WORKSHOP ON PHILIPPINE FOLK
DANCES 2025**

To: Public Schools District Supervisors/District In-Charge
Public Elementary and Secondary School Heads
Select MAPEH Training Facilitators/Resource Speakers/Teacher-Models
All Others Concerned

1. In line with the continuing efforts to enhance the quality of instruction and school performance of MAPEH teachers in the delivery of Physical Education Curriculum, this Division through the Curriculum Implementation Division (CID) shall conduct a **Two - Day 8th Division Echo-Dance Workshop on Philippine Folk Dances** on October 3-4, 2025, 8:00 in the morning at Kauswagan Central ES Gymnasium, Maigo, Lanao del Norte.
2. The training aims to:
 - a. develop knowledge, skills, understanding and appreciation for folk and traditional dances as bridges of cultures and people of the Philippines;
 - b. upgrade competencies in teaching traditional Philippine dances among teachers, folk dance trainers, choreographers and students;
 - c. provide teachers with resource materials on dance such as hand-outs, music, and videos; and
 - d. provide a forum to discuss significant issues and concerns of MAPEH teachers.
3. Participants are select MAPEH elementary, secondary, senior high school teachers and facilitators handling Key Stage 1, 2, 3 & 4. They are likewise advised to wear comfortable dance attire during the workshop.
5. Teachers shall be given Service Credits as per DepEd Order No. 53, s. 2003 upon submission of the accomplished CSC Form 48.
6. Prior to the conduct of the activity, all dance speakers/teacher-models and facilitators are advised to report to Pigcarangan Integrated School, Tubod West District, Tubod, Lanao del Norte for the **pre-work activities** on September 17 & 19, 2025, 8:00 o'clock in the morning.
7. Enclosed are copies of the training matrix and list of resource speakers, facilitators, and participants (Enclosure No. 2)

8. Traveling expenses and other incidental expenses of the participants are chargeable against local funds/ school MOOE subject to usual auditing rules and regulations.
9. This Memorandum serves as **Authority to Travel** for all participants.
10. Immediate and wide dissemination of and strict compliance with the contents of this Memorandum is enjoined.

EDWIN R. MARIBOJOC EdD, CESO V
Schools Division Superintendent

Enclosures.: As stated (Paragraph)

Reference:

To be indicated in the Perpetual Index under the following subjects:

Training MAPEH Curriculum Implementation Division

CID/rlt

CN ___/August 19, 2024



Address: Gov. A. Quibranza Prov'l. Gov't. Compound
Pigcarangan, Tubod, Lanao del Norte
Telephone Nos.: (063)227 – 6633, (063)341 – 5109
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TRAINING MATRIX

TIME	DAY 1	Resource Speakers/Dance Models/Facilitators	
7:00 - 8:00	Arrival/Registration	Registration Committee	
8:00 - 9:00	Opening Program	Arnold C. Badala Jr.	
9:00 - 10:00	Review of Fundamentals Dance Steps & Movement Combination	Resource Speaker/s:	Janrey C. Compacion
		Dance Models:	Lady Lyn C. Remocaldo
10:00 - 11:00	Dance 1 <i>Mantuod</i>	Resource Speaker/s:	Jomarthy J. Lerasan In-In P. Jal
		Dance Models:	Godofredo E. Barliso Jr. Sofia Lin Grace B. Gonzales
11:00 - 12:00	Dance 2 <i>Panuyom</i>	Resource Speaker/s:	Belen E. Generalao Arnold C. Bandala Jr. Paz T. Concepcion
		Dance Models:	Melanie Maureen P. Malanog Pacholo B. Rebosa Jr.
12:00 - 1:00	LUNCH BREAK		
1:00 - 2:00	Dance 3 <i>Valse Zamboageña</i>	Resource Speaker/s:	Edward A. Taruc Ruel P. Cano-og
		Dance Models:	Mohammad Elias Mamantuc/Gretchen O. Resaga Guillbert M. Besin/ Melody C. Murallon Gee Van Troy S. Ensendencia/ Jihil Kisha A. Mejos Jamal O. Andor/ Sofia Lin Grace B. Gonzales
2:00 - 3:00	Dance 4 <i>Cariada Ti Mannalon</i>	Resource Speakers:	Melanie Maureen P. Malanog Godofredo E. Barliso Jr.
		Dance Models:	Ruel P. Cano-og Paz T. Concepcion
3:00 - 4:00	Dance 5 <i>Kabilaw</i>	Resource Speaker/s:	Jihil Kisha A. Mejos Keith Owen T. Garcia Mark Bryan R. Sabac
		Dance Models:	Jamal O. Andor In-In P. Jal
4:00 - 5:00	Dance Forum	Resource Speaker/s:	
TIME	DAY 2	Resource Speakers/Dance Models/Facilitators	
7:00 - 7:30	Management of Learning/ Warm-up	Janrey C. Compacion	
7:30 - 8:30	Dance Review	Gee Van Troy S. Ensendencia	
8:30 - 9:30	Dance 6 <i>Pingga-Pingga</i>	Resource Speakers:	Guillbert M. Besin Melody C. Murallon Sofia Lin Grace B. Gonzales
		Dance Models:	Mark Bryan R. Sabac Godofredo E. Barliso Jr. Keith Owen Garcia Jomarthy J. Lerasan
		Resource Speakers:	Gretchen O. Resaga

9:30 - 10:30	Dance 7 <i>Palobo</i>	Dance Models:	Mohammad Elias T. Mamantuc
			Edward A. Taruc
			Belen E. Generalao
10:30 - 12:00	Dance 8 <i>Pantomina sa Tinampo</i>	Resource Speaker/s:	Jamal O. Andor
			Pacholo B. Rebosa Jr.
		Dance Models:	Arnold C. Bandala Jr.
			Melody C. Murallon
12:00 - 1:00	LUNCH BREAK		
1:00 - 3:00	Dance Practice/Rehearsal (Workshop Showcase)		
3:00 - 4:30	Closing Program (Dancing Parade and Workshop Showcase)		
4:30 - 5:00	Giving of Certificates		

LIST OF PARTICIPANTS

NAME	SCHOOL	DISTRICT
1. Kim Lloyd L. Mission-(Learner)	Balili Central ES	Kapatagan West
2. John Michael T. Sedavia-(Learner)	Balili Central ES	Kapatagan West
3. Aeron David P. Bionog-(Learner)	Kolambugan Central ES	Kolambugan
4. Kit Jayden M. Maape-(Learner)	Kolambugan Central ES	Kolambugan
5. Roxcel A. Caramba-(Learner)	Curvada Elementary School	Kapatagan East
6. Ruffa Belle O. Enoc-(Learner)	Margos Elementary School	Kapatagan West
7. Milky D. Tapere-(Learner)	Sixto Maghanoy Sr. CES	Kapatagan West
8. Ashera B. Latuza-(Learner)	Kolambugan Central ES	Kolambugan
9. Asmirah M. Bantog	Ramain Integrated School	Munai
10. Hericel Love A. Abalo	Salvador National HS	Salvador
11. Dan Michael C. Lagat	Maigo National HS	Maigo
12. Clariza Mae L. Ugay	Pikalawag Integrated School	SND Central
13. Khrizza Mae M. Flores	Lanao del Norte NCHS	Baroy North
14. Venancia B. Delostrico	Binuni Elementary School	Bacolod
15. Kristina May C. Maderazo	Taguitic Integrated School	Kapatagan West
16. Marize G. Rondillas	Pigcarangan IS	Tubod West
17. Jhanin L. Ugsang	Kawit Oriental IS	Kauswagan
18. Flordiliza D. Gultiano	Fausto Alvia MES	Baroy South
19. Frelyn O. Abing	Sapad Integrated School	Sapad
20. Jimalin D. Evangelista	Sucodan Elementary School	Kolambugan
21. Shaina Audrey D. Anticamara	Lala National High School	Lala Central
22. Rosemarie R. Suan	Mabugnao Elem. School	Sapad
23. Zarah Mae P. Bolangis	Dalama Integrated School	Tubod East
24. Maylin C. Mahinay	Tagoloan National HS	Tagoloan
25. Genevie C. Noval	Kapatagan National HS	Kapatagan Central
26. Zenia C. Capalac	Bacolod Central IS	Bacolod
27. Shirley C. Dumanil	Linamon Central ES	Linamon
28. Sharmaine A. Guintapa	Linamon National HS	Linamon
29. Marieth C. Toledo	Maranding Central ES	Lala Central
30. Asliah G. Mapandi	Munai National HS	Munai
31. Eugene E. Harp	Samburon Integrated School	Linamon
32. Emee Marieson B. Belvis	Sultan Naga Dimaporo MIS	SND Central
33. Lorna I. Gumabat	Sixto Maghanoy MES	Kapatagan West
34. Lendy R. Plamad	Lala Proper Integrated School	Lala North
35. Cristy Lee R. Aclao	Manan-ao Elem. School	Baroy South
36. Aileen Grace B. Medillo	Teofilo Morales MES	Tubod East
37. Jockey A. Collado	Marcela Mabanta NHS	Kauswagan
39. Jessa M. Lamis	Claro M. Recto ES	Maigo
40. Carine C. Pagayon	Sudlon Elementary School	Salvador
41. Miabeth P. Pareja	Bansarvil National HS	Kapatagan West
42. Kenneth P. Maglipac	Balili Central ES	Kapatagan West
43. Bernie B. Sapong	Taguitic Integrated School	Kapatagan West
44. Gregg Michael S. Noval	Pigcarangan IS	Tubod West
45. Moh Asad C. Marabong	Mahayahay IS	SND West
46. Earl Eduard Donio	Kawit Oriental IS	Kauswagan
47. Jonathan E. Saron	Sapad Integrated School	Sapad
48. Jessler N. Rolos	Balatasa Elementary School	Maigo

49. Jayson M. Lariosa	Tacub Elementary School	Kauswagan
50. Domixander R. Oanes	Princesa Elementary School	Haroy South
51. Johir M. Dibratun	Mala Salug ES	Sapad
52. Juho S. Manosa	Teofila C. Quibranza NHS	Tubod East
53. John Michael C. Raterta	Kapatagan National HS	Kapatagan Central
54. Manuel M. Flores	Kahayag Integrated School	Bacolod
55. Roland E. Salaan	Placida Mequibas National HS	Kapatagan West
56. Jose L. Domanjog	Lala National High School	Lala Central
57. Jamalie C. Lomantong	Salvador National HS	Salvador
58. Mark Anthony Roble	Daraason Integrated School	Kauswagan
59. Abdul Basit S. Barabato	Munai National HS	Munai
60. Neljun S. Langga	Carusa Integrated School	Kapatagan West
61. Romeo C. Dadol Jr.	Sixto Maghanoy MES	Kapatagan West
62. Henry B. Balerosa	Antonio Lim Sr. ES	Lala North
63. Muhaiden S. Pido	Sultan Ali Dimaporo MIS	SND East
64. Merhan C. Toma	Sultan Ali Dimaporo MIS	SND East
65. Ryan Rudyed T. Dela Cruz	Linamon National HS	Linamon
66. Ryan Dumip-ig	Lala Proper Integrated School	Lala North
67. Jhune M. Narciso	Palao Elementary School	Tubod East
68. Ireneo G. Rondrique Jr.	Taguitic Integrated School	Kapatagan West
69. Gil C. Ouano	Salvador Central ES	Salvador
70. Elmark D. Ybanez	Bansarvil National HS	Kapatagan West

TRAINING FACILITATORS/RESOURCE SPEAKERS/TEACHER-MODELS

1. Robin L. Tabar	Division Office	Resource Speaker
2. Belen E. Generalao	Madaya Integrated School	Resource Speaker/Attendance
3. Edward A. Taruc	Lanao del Norte NCHS	Resource Speaker
4. Godofredo E. Bariso Jr	Curva Miagao ES	Resource Speaker
5. Arnold C. Bandala Jr.	Maguindanao IS	Resource Speaker
6. Ruel P. Cano-og	Dalama Integrated School	Resource Speaker
7. Melody C. Muralon	Bailli Central ES	Resource Speaker
8. Sofia Lin Garce B. Gonzales	Sueadan Elementary School	Resource Speaker
9. Gretchen O. Resaga	Tagultic Integrated School	Resource Speaker
10. Melanie Maurcen P. Malanog	Arsenio Quibranza NHS	Resource Speaker
11. Guillbert M. Besin	Binuni-demologan NHS	Resource Speaker
12. In In P. Jal	Pikalawag Integrated School	Resource Speaker
13. Jomarth J. Lerasan	Carusa Integrated School	Resource Speaker
14. Gee Van Troy S. Ensendencia	Kolambugan Central ES	Resource Speaker
15. Paz T. Conception	Padlanan Elementary School	Resource Speaker
16. Jamal O. Andor	Tangkai National HS	Resource Speaker
17. Pacholo B. Rebosa	Maigo Central ES	Resource Speaker
18. Jihil Kisha A. Mejos	Manga Integrated School	Resource Speaker
19. Keith Owen T. Garcia	Calube Integrated School	Resource Speaker
20. Mohammad Elias T. Mamantuc	Sigayan Elementary School	Resource Speaker
21. Mark Bryan R. Sabac	Matampay Elementary School	Resource Speaker
22. Clariza Mae L. Ugay	Pikalawag Integrated School	Dance Model
23. Janrey C. Compacion	Lala National HS	Dance Model
24. Lady Lyn C. Remocaldo	Kidalos Elementary School	Dance Model
25. Jhunje B. Monera	Mamagum Integrated School	Facilitator-Technical/Documentation
26. Junje B. Bucog	Raymundo Barinan ES	Facilitator-Certificates

ROBIN L. TABAR
EPS-MAPEH