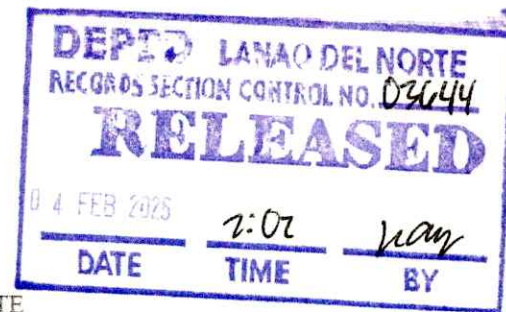




Republic of the Philippines
Department of Education
Region X

SCHOOLS DIVISION OF LANA DEL NORTE
PILCARANGAN, TUBOD, LANA DEL NORTE



February 3, 2025

DIVISION MEMORANDUM
NO. 075, s.2025

2025 CELEBRATION OF NATIONAL ORAL HEALTH MONTH

To **ALL HEALTH AND NUTRITION SECTION PERSONNEL**
ALL ELEMENTARY PRINCIPALS
ALL SECONDARY PRINCIPALS
All Concerned
This Division

- Following Presidential Proclamation No.559 , s.2004, declaring the month of February as the National Oral Health Month to promote oral health awareness and celebrates with this year's theme "Pamilya Una Kong Dentista para sa #Ngiting 7020."
- The objectives of this celebration is to emphasize the crucial rule of families in fostering the the proper oral hygiene practices and early oral care, emphasizing the importance of preventive care starting at home. The momentum of the #Ngiting 7020 campaign introduced in the previous year aiming to inspire filipinos to prioritize oral health with the goal of reaching the age of 70 with at least 20 healthy, natural and functional teeth.
- The School Division Office (SDO) support the campaign through the conduct of various promotional activities. The National Oral Health Month celebration as a platform for professionals, educators, and government agencies to collaborate in promoting oral health awareness. As DepEd plays a crucial role in shaping the minds and habits of the nation's youth, your support and participation will contribute significantly to the success of these collective efforts.
- The following are the suggested activities :

WEEK	ACTIVITIES
First Week February 6 ,2025 -region 2 February 7, 2025 -region 1	Oral Health Awareness Campaign <ol style="list-style-type: none">Initiate a school wide campaign to raise awareness about oral health.Use bulletin boards, newsletters, and social media platform to share oral health tips, facts and resources.
2 nd week February 11,2025 -region 2 February 13 ,2025 -region 1	Oral Health Workshops and Seminars: <ol style="list-style-type: none">Classroom activities (lectures /Oral Health Education)Social media campaign.

	c. School community oral health awareness through orientation, lectures and activities involving parents ,teaching and non-teaching staff.
3 rd week February 19,2025 region 2 February 21 ,2025 -region 1	Delivery of Dental Health Services a. Collaborate with local dental clinics or practitioners to organize on site dental checkups for students. b. Provide information to parents about the importance of regular dental checkups.
4 th week February 26,2025 -region 2 February 28,2025 -region 1	Interactive Workshops a. Set up interactive workshops that include hands on activities. b. Demonstration on proper toothbrushing techniques (BULT) and provide learners with toothbrushes and dental floss to practice.

5. Attached the Regional Memorandum No.065. s. 2025 for reference.

6. Immediate and wide dissemination of this Memorandum is desired.

EDWIN R. MARIBOJOC, CESO V
Schools Division Superintendent

To be indicated in the Perpetual Index
under the following subjects:

DIVISION MEMO Oral Health Month Celebration
SOBERE/HEALTH AND NUTRITION SECTION /Division Memorandum – SDHCP



Republic of the Philippines
Department of Education
REGION X - NORTHERN MINDANAO

831

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1/24/25

January 31, 2025

REGIONAL MEMORANDUM
No. 065, s. 2025

2025 CELEBRATION OF NATIONAL ORAL HEALTH MONTH

To: Schools Division Superintendents
Chiefs, School Governance and Operations Divisions
Division/School Dentists
School Health Personnel
All others concerned

1. Following **Presidential Proclamation No. 559, s. 2004**, which designates February as National Oral Health Month, the Philippine health sector is coming together to promote oral health awareness and celebrate with this year's theme "Pamilya Una Kong Dentista para sa #Ngiting7020."
2. Supporting the celebration, the Department of Education (DepEd) will conduct several activities to celebrate the **2025 Celebration of National Oral Health Month** from February 3 to 28.
3. The theme underscores the crucial role of families in fostering proper oral hygiene practices and early oral care, emphasizing the importance of preventive care starting at home. It also continues the momentum of the #Ngiting 7020 campaign introduced in the previous year, aiming to inspire Filipinos to prioritize oral health with the goal of reaching the age of 70 with at least 20 healthy, natural, and functional teeth.
4. Hence, all School Division Offices (SDOs) should support the campaign through the conduct of various promotional activities. The NOHM celebration serves as a platform for professionals, educators, and government agencies to collaborate in promoting oral health awareness. As DepEd plays a crucial role in shaping the minds and habits of the nation's youth, your support and participation will contribute significantly to the success of these collective efforts.

5. The following are the suggested activities:


WEEK	ACTIVITIES
First Week	Oral Health Awareness Campaign: a. Initiate a school wide campaign to raise awareness about oral health. b. Use bulletin boards, newsletters, and social media platform to share oral health tips, facts, and resources.

Second Week	Oral Health Workshops and Seminars <ol style="list-style-type: none"> Classrooms activities (lectures/Oral health education) Social media campaign. School community oral health awareness through orientation, lectures and activities involving parents, teaching and non-teaching staff.
Third Week	Delivery of Dental Health Services <ol style="list-style-type: none"> Collaborate with local dental clinics or practitioners to organize on-site dental check-up for students. Provide information to parents about the importance of regular dental check-ups.
Fourth Week	Interactive Workshops <ol style="list-style-type: none"> Set up interactive workshops that include hands-on activities. Have demonstrations on proper toothbrushing techniques (BULT) and provide learners with toothbrushes and dental floss to practice.

6. The SDOs shall submit a consolidated narrative and pictorial report based on the weekly activities through e-mail at hnu.regionx@deped.gov.ph on or before March 10.

7. Please coordinate with Dr. Rey Ignacio B. Cagang, regional supervising dentist, Health and Nutrition Section – Education Support Services Division (HNS-ESSD), at 0956-608-0056, for any related concerns.

8. This Office directs the immediate and wide dissemination of this Memorandum.


DR. ARTURO B. BAYOCOT, CESO III
Regional Director

To be indicated in the Perpetual Index
under the following subjects:

CELEBRATIONS HEALTH EDUCATION

RE: 2025 Celebration of National Oral Health Month

ESSD/nbc